

CASA DA AULA - CENTRO DE EXPLICAÇÕES

Inglês 8º Ano – Teste Diagnóstico

Nome: _____ Data: ____/____/____

Fast Food Follies

Americans are fat. That's a cliché. It's also true, to a considerable degree. About half of young people in America are heavier than they should be, and that's because they eat the wrong food, or they eat too much or too often. Or all three!

American doctors keep waiting about "overweight kids" and some things are changing, very slowly. However, a lot of habits seem to be very hard to change. They are part of Americans way of life. Fast foods restaurants and fries are still the most popular things to eat... often as a snack between meals.

"I often come in for a burger after school", says Bill, a teenager from San Francisco. "I mean, it feels you up, and it only costs 89 cents! We come here because it's a good place to sit and chat; and once you've had one coke, the refills are free!" When Bill goes home, he will get dinner. "Something out of the deep freeze usually." He says.

Eating too much is not the only reason why people get fat; drinking too much has the same effect. In summer time it's so easy to drink too much. In America people drink a lot of soda pop, such as colas, 7up or slice. The reason is easy to understand. Cold soda pop is on sale everywhere, in shops, cafés and other places. And compared to Europe, it's very cheap. Each small soda contains spoonfuls of sugar. No wonder people get fat.



1. True or false. Quote from the text to support both your answers.

- a) Most American people are overweight. _____
- b) American doctors don't worry about fat teenagers. _____
- c) The most popular food is fish and chips. _____
- d) Student like to eat hamburgers because they are cheap. _____

2. Answer the following questions about the text.

- a) Why are American doctors worried about kids?

- b) According to the text, why is junk food so popular?

- c) Why are soft drinks also dangerous?

3. Fill in the table below giving four examples for each category.

Sugar / sweet food 	Fruit 	Vegetables 	Fast Food 	Drinks 	Dairy products 
1	1	1	1	1	1
2	2	2	2	2	2
3	3	3	3	3	3
4	4	4	4	4	4

4. Match the quantity with the article.

- a) _____ a glass of
- b) _____ a kilo of
- c) _____ a slice of
- d) _____ a cup of
- e) _____ a carton of
- f) _____ a bar of
1. Orange juice
2. Chocolate
3. Milk
4. Potatoes
5. Apple pie
6. tea

5. Write the following words in the right column.

	Butter	knife	food	tea	dish	meat
Milk	cheese	plate	cup	juice	glass	oil
Spaghetti	sandwich	rice	bottle	table	salmon	

Countable nouns	Uncountable nouns

6. Complete with SHOULD or MUST

- a) She _____ (neg.) park the car here. It's forbidden.
- b) They _____ eat more healthy food.
- c) You _____ respect older people.
- d) We _____ hurry if you don't want to miss the train.

7. Complete using CAN, COULD, MAY and MIGHT.

- a) _____ I phone the restaurant and book a table?
- b) She _____ get better marks if she wasn't so lazy.
- c) I _____ speak Chinese fluently.
- d) He _____ come to the party but I seriously doubt it.
- e) You _____ (neg.) find that shop without the street plan.

8. Complete using a RELATIVE PRONOUN – WHO or WHICH.

- a) I don't like the table _____ stands in the kitchen.
- b) People _____ do physical exercise live longer.
- c) He sold the house in _____ he used to live.
- d) Mr. Green is the postman _____ delivers our letters.
- e) Every day I carry a bag _____ is very heavy.