



INGLÊS

7.º ANO

What's UP?



CD Áudio



Texto



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TEACHER'S BOOK

CD 1 – Track 1 – p. 8

The UK (United Kingdom) is the union of 4 countries: England, Scotland, Wales and Northern Ireland. Great Britain is the union of England, Scotland and Wales.

CD 1 – Tracks 2-3 – p. 9

Scotland is the second largest country in the UK. The capital is Edinburgh. You can visit the very famous Edinburgh Castle. You can see different traditions like bagpipes, kilts and highland dancing.

Curiosity: They say there is a creature living in a lake. It's the Loch Ness Monster (Nessie).

The capital city of Wales is Cardiff. Snowdon is the highest mountain in Wales. It's 1,085 metres high.

Curiosity: A town in North Wales has got the longest name in the world:

*Llanfairpwllgwyngyllgerychwyrndrob-
willlantysiliogogogoch.*

England is the largest country in the UK. The capital is London. The official home of the British Monarch is Buckingham Palace, in London.

Fans of Harry Potter can visit Oxford. Some well-known places were an inspiration for the Hogwarts dining hall, library and gardens.

Curiosity: The shortest distance between England and France is 33 kilometres. The two countries are connected by the Channel Tunnel.

Northern Ireland is the smallest country in the UK. Belfast is the capital. There you can visit the Titanic Museum.

Curiosity: The Giant's Causeway is the most popular tourist attraction. It's made of thousands of hexagonal blocks of rock.

CD 1 – Track 4 – p. 17

1. skateboarding
2. swimming
3. playing video games
4. painting
5. chatting on the internet
6. playing the guitar and singing
7. listening to music
8. watching TV
9. taking photos

CD 1 – Tracks 5-6 – p. 18

My European partners

CD 1 – Tracks 7-8 – p. 22

Sky Brown, a pro skateboarder!

Sky is a young skateboarding star. She was born in Miyazaki, Japan. Her mother, Miko, is Japanese and her father, Stuart,

is British, so she is half Japanese and half British. She has got a younger brother, Ocean. He is a skateboarder too.

At the moment Sky is practising to compete in the Olympics as a professional skateboarder. She is also a fantastic surfer. When she isn't skateboarding, she is surfing. Her favourite singers are Nicki Minaj and Sia. Her hobbies are dancing and listening to music.

She has got an important message for girls: "There are no sports just for boys. Girls can do anything that boys can do. Just go for it and have fun".

CD 1 – Track 9 – p. 24

1. Aurora has got long wavy blonde hair and blue eyes.
2. Obélix has got a large moustache. He's fat.
3. Harry Potter has got straight brown hair. He wears glasses.
4. Black widow has got wavy red hair and green eyes.
5. Finn has got short frizzy hair. He's tall and thin.

CD 1 – Track 10 – p. 25

1. talkative
2. shy
3. lazy
4. clumsy
5. hard-working

6. impatient
7. active
8. selfish

CD 1 – Tracks 11•12 – p. 25

1. This person has got short hair. This person isn't tall. This person wears glasses. This person is very elegant. This person is very creative and makes costumes for superheroes.
2. This person is tall and thin. This person has got curly brown hair and brown eyes. This person is very funny and a bit clumsy.

CD 1 – Tracks 13•14 – p. 26

Besties

CD 1 – Track 15 – p. 29

Song "You can count on me", by Bruno Mars

CD 1 – Tracks 16•17 – p. 31

A perfect friend

I've got an amazing thing to tell you... It's about my best friend. His name is Spider-Man. His real name is Peter Parker and his nickname is Spidey. Spider-Man is American, and he is from New York. He's a superhero. He's got short brown hair. He's tall and thin. He's courageous, loyal and funny. We go to the same high school. Together we have a lot of fun. He's very good at science and maths like me and we like playing computer games.

CD 1 – Tracks 18-19 – p. 32

Family

Justin

Hi, I'm Justin Spencer. My parents are divorced, so I have got two families, two houses and two bedrooms I usually live with my mother and her husband, John. He is my stepfather. I have got a stepsister, Stella. I sometimes stay with my father and his wife, Susan. I have got a half-brother, Daniel.

Molly

Hi, I'm Molly Benson and I live with my grandparents in Liverpool, England. My grandmother's name is Mary and my grandfather's name is John. I'm an only child.

My parents are musicians in a famous Symphony Orchestra in Austria and they travel a lot around the world.

Ben

Hello! I'm Ben Lee. I live with my parents and my twin sister. Her name is Emma. My uncle and aunt and my three cousins live near us.

Maya

Hi there! I'm Maya Wilson. I am an adopted child and I live with my adoptive parents. I love cooking with my dad and playing games with my mum.

CD 1 – Tracks 20-21 – p. 34

Eh Bee family: A YouTube family

CD 1 – Track 22 – p. 38

Supercalifragilisticexpialidocious!

CD 1 – Tracks 23-24 – p. 40

Teens around the world – Weird pets

CD 1 – Track 25 – p. 47

1. b – It's four o'clock.
2. a – It's quarter past seven.
3. c – It's midday.
4. c – It's twenty to four.

CD 1 – Tracks 26-27 – p. 47

Hi, my name is Harry and I am in year 7. Come with me for a school tour. This is my timetable for this school year. On Monday, my first lesson is art. Here is the art classroom. There are lots of awesome paintings and drawings.

PE is my favourite subject. I've got PE on Tuesdays and Thursdays before the morning break. This is where I've got my PE lessons. It's a modern gym with special equipment for doing physical exercise. I love chemistry and science. I've got chemistry on Wednesday at quarter past eleven in the lab. It's a modern lab where we do experiments. There are lots of chemicals, so we have to be very careful and follow the rules.

This is the languages classroom. I've got English and French here. I like French very much. I've got French in the afternoon on Tuesdays and first thing in the morning on Fridays.

At lunch time we go to the canteen. It's where I have healthy meals with my friends.

I've got ICT on Mondays after lunch. This is the computer room. There are 25 computers. Here we can do research and interesting projects.

I've got geography on Tuesdays after lunch and on Fridays after the morning break. Look, this is classroom 5. I've got geography, history and maths in this classroom. There is a computer and a whiteboard.

I hope you liked my school! It's great, isn't it?

CD 1 – Tracks 28-29 – p. 48

School timetable

CD 1 – Tracks 30-31 – p. 51

Talking about timetables

Dylan: When have you got art?

Aisha: On Tuesdays and Fridays after lunch. It's my favourite subject because I love drawing. What about you? What's your favourite subject?

Dylan: It's French. I like learning about the French language and culture.

Aisha: When have you got it?

Dylan: It's my first lesson on Mondays and Wednesdays.

CD 1 – Tracks 32-33 – p. 54

1. What time does Harry wake up? He wakes up at half past seven.
2. When does he get dressed? He gets dressed after his morning shower.
3. Does he make his bed in the morning? Yes, he does.
4. Where does Harry have breakfast? He has breakfast in the kitchen.
5. Does he brush his teeth after breakfast? Yes, he does.
6. How does he go to school? He goes to school on foot.
7. When does Harry do his homework? He does it after school.

CD 1 – Tracks 34-35 – p. 55

What do Megan, David and Karima usually do after school?

Megan: I don't go home immediately after school. There are lots of things we can do at our school after the afternoon lessons: we can go to football practice; we can be a member of the theatre group or the music

band. On Mondays and Thursdays, a group of five girls and I go to dance classes. It's my favourite activity really. It's a lot more fun than football or basketball.

David: I like dancing like Megan, but it's not my favourite thing to do. I also like playing football or riding my bike with my friends, but my extracurricular activity after school is basketball. This school club is really big, with more than thirty members.

Karima: Any after school club with water and I'm in! I really like swimming and being in the water all the time. But there's more than the swimming club... Why don't you try canoeing or sailing? There's an exciting canoeing club at my school and well... Guess what! I'm the first one there all the time!

CD 1 – Tracks 36-37 – p. 56

Matias and Kayla

CD 1 – Tracks 38-39 – p. 61

David: I love reading. It's my favourite hobby. I'm really happy when it's World Book Day. The tables in the Library are full of books and you can just take one and start reading... We can also bring our old books to school and share them with other students.

Olivia: Sports and I, we're great friends... I'm a great sports fan. Any sport, really. When it's Sports Day at my school, we can do lots of things, but my favourite is

running. I'm super-fast and I've got some medals to prove it!

Mary: Every year, at Christmas time, my classmates and I bring old shoeboxes to school. Inside we put books, small toys or food. Then we decorate the boxes with a nice Christmas paper. It's called Shoebox Appeal Day and we give these boxes to people in need in our community.

Patricia: This week is Science Fair. We can show our science projects to other students and to parents and family. At the end of the week, the science teachers choose the best project.

CD 1 – Tracks 40-41 – p. 61

Good morning. This is Mr Ryder speaking, your headteacher.

As you can see in the main corridor, here is our first annual free Family Movie Night. The poster of this event is very clear, but let me give you some information.

It's going to be in the gym because it's the only place where everyone can have a seat. The theatre teacher is preparing a very big screen for this movie night.

This event is on the 12th of January at 6:00 o'clock. Of course, there will be popcorn and drinks. A bag of popcorn is only two pounds and the drinks are just one pound fifty.

We hope you can come, but don't forget you must come with a parent or a relative. We think you are going to enjoy this event, but feel free to bring your blanket because January evenings can be a bit cold...

The money we make is for the trip to Paris we organise every year. The cinema ticket is free, but you need to get it from Mrs Henaly. That's H-E-N-A-L-Y.

See you there. Thank you.

CD 1 – Track 42 – p. 62

Song “I don't care”, by Ed Sheeran feat. Justin Bieber

CD 1 – Tracks 43-44 – p. 65

Selah Schneider, a courageous girl

Hi there! My name is Selah Schneider. I'm twelve and I'm a rock climber. I'm the youngest person to climb El Capitain, a very high mountain in Yosemite National Park, California.

My parents are climbers and I usually climb with them because I have to be physically prepared. So, we often do rock climbing and we even have a climbing wall in our garage. My friends often ask me if I am afraid to climb. They are surprised when I answer: “No way! It's a big challenge, but it's really fun!”

CD 1 – Tracks 45-46 – p. 65

Luca Manfredi, a human calculator

His name is Luca Manfredi. He's 13 years old and he lives in Pontfract, UK. The different thing about him is that his teachers say he's very, very intelligent. He's extremely good at maths. In fact, it's his favourite subject at school. He usually describes himself as a human calculator. He has a lot of fun solving maths problems. He always wants to do more and more exercises.

He lives with his parents and his younger brother. They help him a lot when he's not feeling OK. He can do things that other kids can't and that isn't a problem for him but the other students at school make fun of him and they don't accept him in their groups because he always knows more than them.

CD 2 – Tracks 1-2 – p. 66

Kids making a difference

CD 2 – Track 3 – p. 69

Song “Mercy”, by Shawn Mendes

CD 2 – Tracks 4-5 – p. 72

Teens around the world – Going to school

CD 2 – Track 6 – p. 78

1. roof
2. attic
3. bathroom
4. bedroom
5. balcony
6. toilet
7. hall
8. stairs
9. kitchen
10. dining room
11. living room
12. garden

CD 2 – Track 7 – p. 79

In the kitchen:

1. fridge
2. cooker
3. oven
4. sink

In the living room:

5. sofa
6. armchair
7. bookcase
8. coffee table
9. painting

In the bedroom:

10. bed
 11. bedside table
 12. wardrobe
 13. chest of drawers
 14. rug
- In the bathroom:
15. bath
 16. toilet
 17. mirror
 18. washbasin
 19. shower

CD 2 – Tracks 8-9 – p. 79

James: At the moment I'm brushing my teeth. My brother is knocking on the door: he wants to have a shower.

Mary: I'm helping my father. We're putting a big mirror on the wall. My mum and I like to have a look at the mirror just before we go out the house in the morning.

Charlotte: There's a large fridge and a nice cooker here. It's perfect for cooking a nice dinner for my family.

Ryan: Mum! The dog is on the bed again! Let's go... Scottie, go away! I need to make my bed.

CD 2 – Tracks 10-11 – p. 80

The Fosters' new house

CD 2 – Tracks 12-13 – p. 84

My mum is always telling me that my bedroom is a mess! She wants me to tidy it up every day! Look at my bedroom! Is it messy?

CD 2 – Tracks 14-15 – p. 84

A robot tidies up my bedroom

Yes, that's right. I have got a fantastic robot at home. What a fantastic invention! It's so cool!

The robot, my new "best friend", tidies up my bedroom: it picks up things on the floor and puts them in the right place. At the same time I can sit and relax, play video games or watch a film.

I hate tidying up my bedroom, but my new "friend" helps me.

CD 2 – Tracks 16-17 – p. 84

David's robot helps him tidy up his bedroom, but it is not perfect. It makes lots of mistakes. His books are sometimes in his T-shirts drawer, his backpack is under the bed, his socks are on his bedside table, his trainers are in the wardrobe ... What a mess! Now, David is looking for his mobile phone. "Where's my mobile phone? Where? It's not on the table. It's not behind the sofa. It's not in my backpack. Where is it? Oh no! It's in the wastepaper basket!"

CD 2 – Track 18 – p. 85

1. dust the furniture
2. cut the grass
3. iron the clothes
4. lay the table
5. vacuum the living room
6. cook dinner

CD 2 – Tracks 19-20 – p. 87

My house

My house is at 32 Windsor Gardens in London. There are two floors. Outside there is a small garden, but there isn't a garage. There is a hall with a big staircase, a kitchen and a living room. There are three bedrooms and a bathroom. My favourite room is the living room. It is a very comfortable room. There is a coffee table. There is a blue sofa and a brown armchair. There is a bookcase behind the sofa. I like my house because it is very cosy.

CD 2 – Tracks 21 – p. 88

1. block of flats
2. semi-detached house
3. castle
4. detached house
5. cottage
6. terraced houses

CD 2 – Tracks 22-23 – p. 89

Mikkel: My house is by the sea. It is a tall building with a light near the top. It has got a fantastic view. I love living in a lighthouse.

Osogo: Some people in Kenya live in huts with their families. They're very small.

Dyani: Native Americans live in tepees. They're conical tents made of buffalo skin. They're very warm in the winter and cool in the summer.

Olivia: I live in San Francisco Bay in a colourful houseboat and it's amazing. There are always lots of interesting things to do. I'm very happy.

CD 2 – Tracks 24-25 – p. 90

Luke's tiny house

CD 2 – Tracks 26-27 – p. 91

My house is a semi-detached house, but Luke's house is a tiny detached house.

My house is in the city, but Luke's house is in his parents' garden.

There are two floors in my house, but there is only one floor in Luke's house.

There are more rooms in my house: there is a living room, a kitchen, two bathrooms and three bedrooms. Luke's house is very small: there is only a living room, a kitchen space and a loft bed.

In my house there is a swimming pool and a garage. There isn't a swimming pool or a garage in Luke's house.

CD 2 – Track 28 – p. 93

/id/ – decided; visited; wanted

/t/ laughed; watched; worked

/d/ – lived; enjoyed; cleaned

CD 2 – Tracks 29-30 – p. 95

My travel journal

CD 2 – Track 31 – p. 97

Song “Don't start now”, by Dua Lipa

CD 2 – Tracks 32-33 – p. 97

I was born on 22nd August in London. My parents are from Albania. In 2006, I went back to Albania because of my father's job. When I was 14, I started to post cover songs on YouTube. I came back to England and in 2015 I released my first single.

CD 2 – Tracks 34-35 – p. 98

Teens around the world – Home sweet home

CD 2 – Tracks 36-37 – p. 105

Thomas: I'm in the city centre. There are different shops on this street. First, I want to buy some biscuits for my grandmother. I'm visiting her this afternoon.

Alice: Yesterday I was in the city centre to buy a present for my best friend. It's her birthday today. I wanted to buy a CD but then I decided to buy a T-shirt.

Julia: I love to go shopping. Today I'm looking for a pair of blue trainers.

Marcus: Last week I went to the city centre with my mum. My mum bought a special present for my dog. A comfortable dog pillow.

CD 2 – Tracks 38-39 – p. 106

Students asked their teachers: Are you an online shopper?

CD 2 – Tracks 40-41 – p. 108

Going to the shops

CD 2 – Tracks 42-43 – p. 110

Tourist: Excuse me, can you tell me the way to the shopping centre?

Woman: Yes, of course. Take the first turning on the left and go along Green Street. The shopping centre is opposite the restaurant.

Tourist: Thanks for your help.

Woman: You're welcome.

CD 2 – Track 44 – p. 112

1. F
2. D
3. A
4. G

5. B
6. H
7. C
8. I
9. E

CD 2 – Tracks 45-46 – p. 113

1. In the British Museum you can see lots of Egyptian mummies.
2. There is a skeleton of a blue whale inside the Natural History Museum.
3. The Millennium Bridge is only for people and not for cars.
4. You can see Royal Guards in front of Buckingham Palace.
5. You can visit London on a sightseeing bus.

CD 2 – Tracks 47-48 – p. 113

Good morning ladies and gentlemen. I'm Nigel, your tour guide for today.

We're very lucky: it's quite sunny this morning! We're visiting lots of different places: St Paul's Cathedral and Tower Bridge are later on this morning...

For now, let's hop on the sightseeing bus to Hyde Park.

After lunch, we're going to Buckingham Palace.

And don't forget you can buy some souvenirs at the souvenir shop next to the museum.

CD 2 – Tracks 49-50 – p. 114

The Blackboard News

CD 2 – Tracks 51-52 – p. 117

Clara: Hi, Olivia. What were you doing last Saturday afternoon?

Olivia: Hello, Clara. Last Saturday afternoon? Let me think... Oh, I was having afternoon tea with my grandparents.

Clara: Oh, that's nice! My cousins and I were looking at the photos of our London trip. We were trying to make an online photo album to show everyone.

Olivia: What about James? Was he taking photos with his new camera?

Clara: No, he wasn't. He was looking for more information about London on the internet.

CD 2 – Track 53 – p. 118

Song “London boy”, by Taylor Swift

CD 3 – Tracks 1-2 – p. 119

London History Day

London History Day is an important celebration in London. It started in 2017. Every year London History Day is celebrated on 31st May.

Why is it celebrated on this day?

The date marks the anniversary of the day Big Ben first started keeping time, in 1859.

On London History Day, Londoners usually

go out and enjoy London city. They usually have long walks in some of the most famous parks.

Some families have afternoon tea at a special place.

Others prefer going to a museum because the tickets are free for special exhibitions. There are more than 40 museums taking part this year.

It's an important day for London.

Schools celebrate London History Day too. Younger students can dress up as a queen, a police officer or a royal guard on this day. Older students can do a project work on their favourite place in London or their favourite monument and learn a bit more about London's history.

If you want to learn more about all the activities, you can go online and visit the History England website.

CD 3 – Tracks 3-4 – p. 119

Part 1

CD 3 – Tracks 5-6 – p. 119

Part 2

CD 3 – Tracks 7-8 – p. 121

My family and I went to London last month. And this is Trafalgar Square, in London.

It was a sunny day in London. The weather

was great! Look at the top of the picture: the sky was blue, but there were some clouds.

In the middle of the picture you can see a tall monument. On the right and on the left, there are tall buildings and trees.

There were lots of people in Trafalgar Square when I took the picture. Some people were sitting down. Some people were standing. They were talking and they were taking pictures too. It was a great day!

CD 3 – Tracks 9-10 – p. 121

My friends and I decided to go for a walk at the park and I took this photo. It was a lovely day, but a bit cold. In the middle of the photo, you can see people walking. There were lots of trees on the right and on the left. On the right of the photo, you can also see some people sitting down and talking.

CD 3 – Track 11 – p. 122

Sounds: train, ambulance, helicopter, ship, motorcycle, plane, car

CD 3 – Track 12 – p. 123

a swimsuit: Greg and Julie

1. pyjamas: Alice

2. a torch: Alice

3. a camera: Luke, Alice, Greg and Julie

4. sun cream: Luke, Greg and Julie

5. a sleeping bag: Alice

6. a pillow: Alice

7. a towel: Alice, Greg and Julie

CD 3 – Tracks 13-14 – p. 124

Junior AdvisorTeam

CD 3 – Tracks 15-16 – p. 128

Doggy Day Out

Olivia: Hi, Noah! How was your weekend?

Noah: Hi! It was so cool! Last Sunday was a special day for me, my family and my dog, Duke. It was the annual summer Doggy Day Out Festival. There was a lot of entertainment for families and their dogs.

Olivia: Really? Tell me about it!

Noah: Well, to start with there were lots of nice dogs there, but no doubt mine was the nicest. There was yummy food, there were great dog products to buy and great activities for the dogs to do. Oh, there was a big swimming pool for dog water fun.

Olivia: A swimming pool for the dogs?! No way!

Noah: I'm serious! It was the hottest day of the week. Duke loved the activity "Jumps into the water".

Olivia: What other activities for dogs were there?

Noah: There were agility competitions, dog training demonstrations, photo taking in fun booths and races.

Olivia: It sounds great! Next time invite me. I'd love to go.

CD 3 – Tracks 17-18 – p. 130

Teens around the world – Teens' favourite places in the city

CD 3 – Tracks 19-20 – p. 138

Brooms up: It's Quidditch time!

CD 3 – Tracks 21-22 – p. 142

My future in sports

I don't think a lot about my future. So, I don't really know what it will be like. Who knows? Perhaps I'll be a great tennis player one day. I know one thing: I'm going to work a lot to be a good tennis player because my dream is to be one of the best in the world.

I'll probably have no free time because I'll have to practise many hours a day, but I don't mind. I'll have a good coach and he/she will help me get better every day. I'll probably travel a lot to take part in tournaments. I'll visit great places and meet different people.

CD 3 – Tracks 23-24 – p. 145

Summer holidays

Holiday fun for everyone! Just take a look at our brochure!

Choose your favourite activities and we suggest the place!

If you like fishing, riding a bike, walking... We have fantastic cottages and lots of activities for you!

If you like snorkelling, sunbathing, waterskiing... We have great seaside suggestions for you!

If you like visiting museums, taking city tours, visiting places of interest... We have exciting sightseeing programmes to offer you!

CD 3 – Tracks 25-26 – p. 146

Planning a summer holiday

Last weekend my family and I planned our next summer holiday. It was so exciting! My father had brochures about different holiday destinations and everybody gave their opinion on them. And here is the decision: we are going to travel to the seaside. We think it will be easier for all of us to find an activity that we like doing. If people like the holiday activities, they feel happy and enjoy themselves.

We are going to travel by plane to Swansea, in Wales. My parents booked the tickets yesterday.

They are still looking for the best place for us to stay. It will probably be a hotel near the beach. If we are lucky, our rooms will have a nice view of the sea.

Now we are writing lists of activities that

we really want to do. I think that if the weather is good, we will spend most of our time on the beach. My father loves waterskiing and swimming, but I prefer surfing. I read in one of the brochures that Swansea has good waves for surfing. My mother prefers sunbathing and reading a good book. My brother and I love playing beach volleyball.

I think we will often go to the Leisure Park because there we can also have a good time: there is a waterpark, climbing walls, a large gym, and an indoor surf simulator. This is very good for my brother because he is learning how to surf.

These holidays will probably be great! Don't you think?

Ann Scott, 12

CD 3 – Tracks 27-28 – p. 148

City break

Travel agent: Good morning! How can I help you?

Mrs Morgan: Good morning! I'd like to visit Porto in the north of Portugal with my family. Can you help me?

Travel agent: It's a lovely city to visit with your family. There is always something interesting to see or to do. Your children will love visiting the most amazing bookshop in the world, Livraria Lello, one of the main tourist attractions in the city.

Mrs Morgan: That sounds interesting!

Travel agent: You'll have the opportunity to go on a tuk-tuk ride. It's a fun way to get to know the city. And you'll stop at the Majestic Café, one of the most beautiful cafés in the world to have a delicious cup of coffee. J.K Rowling, Harry Potter's author, wrote some of her work in this café when she lived in Porto.

Mark: Really?!! That's amazing!

Travel agent: There's also the ride on the historic tram along the riverside. Everybody loves it!

If you're a beach lover, you'll enjoy the sunshine and the sea in the beautiful beaches in Foz do Douro.

Mark: Oh, I love going for a swim.

Travel agent: And I think you'll love going on a Douro river cruise. The scenery is unique.

Mrs Morgan: Do we have to fly to Lisbon to go to Porto?

Travel agent: You can fly to Lisbon and then travel to Porto by train or by bus, but the best way is to fly directly to Porto.

Mrs Morgan: Thank you.

Travel agent: You're welcome.

CD 3 – Track 29 – p. 150

Song "Summer feelings", by Lennon Stella ft. Charlie Puth

CD 3 – Tracks 30-31 – p. 151

My future dream summer holiday

In the future, if I have a good job, I will have money to go on my dream summer holiday to Florida, in the USA.

I will go to Disney World Resort because it will be fun to watch my favourite Disney characters. Then, I will go to a water park because water parks are amazing in Florida.

I will not go to the beach because for me all the beaches are the same in Florida.

CD 3 – Tracks 32-33 – p. 152

Teens around the world – Crazy sports

EXTENSIVE READING

CD 3 – Track 34 – p. 159

1 Heathrow airport

CD 3 – Track 35 – p. 160

2 The British Library

CD 3 – Track 36 – p. 162

3 Buckingham Palace

CD 3 – Track 37 – p. 164

4 Big Ben

CD 3 – Track 38 – p. 165

5 London Eye

WORKBOOK

CD 4 – Tracks 1-2 – p. 10

His name is Alfred Thomas Highmore, but his stage name is Freddie Highmore. He's British and he was born in London, England. He's got a younger brother called Bertie. Freddie is an actor in the TV series *The Good Doctor*. He's got blue eyes and wavy brown hair. He's tall and thin. He doesn't wear glasses.

CD 4 – Tracks 3-4 – p. 13

Bruce: I've got a big family because my grandparents live with us. Our favourite family activity is to sit together on Saturday evenings in our living room and watch a comedy.

Joan: My sisters and I love adventure, so our father sometimes hides messages with clues in different places for us to find a treasure. He gives us a map to find the messages and break the codes. It's great when we find our treasure. It is usually a box of chocolates, but it can also be cinema tickets or any other thing we like.

Chloe: In my family we love playing board games. At the weekend we always play. My mother usually wins. I love this family activity. We sometimes ride our bikes in the park, but I really prefer when we play board games because we always have a lot of fun.

CD 4 – Tracks 5-6 – p. 21

Hi! My name is Kyle and I'm really excited because school is about to start and I need to buy some things. Let me check my list. Where is it? It's not on the bedside table. Oh, here it is, on my desk. I need a new calculator, a rubber and a pencil sharpener. And I can't forget the coloured pencils for the art lessons.

CD 4 – Tracks 7-8 – p. 24

Clara

I'm not like my sister. She is very good at sports and she plays volleyball and football. My favourite thing to do is taking pictures. I've got a camera, but I use my mobile phone to take pictures. It's easy for me. I usually take pictures of flowers, dogs and cats and, when I go to the beach, I like taking pictures of the beach. At school the members of our club meet on Wednesday afternoon.

Peter

I'm very active and I always play football with my friends at the weekend. After school I do something different. My grandfather and my father are very good in the kitchen. They are good chefs and I learn a lot with them. We usually make dinner together and I'm good at making pizza. It's my favourite food. There is a club at school and I'm always there on Tuesday afternoon.

CD 4 – Tracks 9-10 – p. 38

My favourite room in my house is the living room. It's on the ground floor, next to the kitchen.

The living room is a very cosy room. There are two large windows on the right and the door is on the left. There is a fireplace between the windows.

In the living room there is a large TV opposite the sofa. There are two armchairs next to the sofa. There is a coffee table between the sofa and the TV.

I like the living room because I like watching films on the large TV.

CD 4 – Track 11 – p. 49

The bank is next to the Town Hall.

The newsagent's is opposite the park and next to the restaurant.

The café is between the hotel and the museum.

The shopping centre is next to the library.

CD 4 – Tracks 12-13 – p. 50

My family and I are in London for the first time and we just love this city. There are lots of tourists everywhere, but we are having an amazing time here. My parents are buying tickets to go on a cruise on the River Thames. A boat cruise is a nice way to visit a city, especially when you don't have much time. You can see the London Eye, the Tower

of London, The Houses of Parliament, Big Ben and so much more... You can also have lunch or afternoon tea on the boat.

CD 4 – Tracks 14-15 – p. 55

Edna: Mum, can we go to the Zoo next Saturday? We love animals and the weather is great.

Mum: I don't know. I think your father prefers visiting the new museum and your sister wants to go to the beach.

Edna: Oh, but I have some school work to do about animals at the zoo...

Mum: Really?! So I think we can visit the museum on Sunday morning and we can go to the beach in the afternoon.

Edna: Cool!

CD 4 – Tracks 16-17 – p. 68

My family and I are having a wonderful time in London. We're going to stay here for two weeks. The weather is a bit windy at the moment, but it's okay. We aren't staying in a hotel, we're staying at a friend's house. Yesterday we visited the British Museum and we tried a very special dish: fish and chips. It was delicious. Tomorrow we're visiting a famous park and then we're going to the theatre.

TEACHER'S FILE

CD 4 – Tracks 18-19 – pp. 255-256

Worksheets

Darci Lynne is an American ventriloquist and singer. She was the winner of Season 12 of the show *America's Got Talent*. She was born on 12th October 2004 in Oklahoma in the USA. Her parents are Clarke and Misty Farmer. She has got three brothers: Nick, Dalton and Nate, and she has also got a dog called Binks.

Now she is a famous young girl in America, but in her free time she still practises gymnastics. She trains more than 25 hours per week!

She tries to have a normal life as much as possible, so she still goes to school and hangs out with her friends when she is not on tour. For Darcy, it's important to finish school first and continue to be a good student.

CD 4 – Tracks 20-21 – pp. 257-258

Carol

My best friend is my sister Lucy. That's L-U-C-Y. She's eleven years old and we do everything together. She's short and thin, like me, and she's got straight brown hair. But we're also a bit different. I've got brown eyes, but Lucy's eyes are blue.

At the weekend, we like playing tennis and board games. My sister is very intelligent and active, but sometimes she doesn't want to help with the housework. My mum says she is lazy, but that's ok because I still love her.

Thomas

I've got many friends at school, but my best friend is William. You spell that W-I-L-L-I-A-M. He's really cool! We love playing Fortnite and watching series on Netflix. William is very tall, so he's on the basketball team. He's got short black hair and his eyes are black too.

He's a very responsible student and studies hard for tests. But when we play Fortnite we sometimes lose because he is a bit impulsive. On Saturdays we watch the series *Stranger Things* on Netflix, but he is impatient, so he doesn't want to wait for the next episode. I don't mind, but it's important to sleep too.

CD 4 – Track 22 – pp. 259-260

Song “Family”, by The Chainsmokers with Kygo

CD 4 – Tracks 23-24 – pp. 261-262

Part 1

Hello! My name is Alicia and I am a 7th grade student at an International School in Barcelona. My school is very modern and it has got almost 400 students. That's

a lot! But in my class, there are only 18 students. There are 25 classrooms and 2 new science labs where we do all types of crazy experiments. There's also a library with a very big collection of books, an art room full of beautiful artwork and a large playground where my friends and I hang out. When it's sunny out, we can have lunch in the outdoor garden, but when it's cold or rainy we must eat in the canteen. We have lessons every day all day, but when we have some free time there are 3 computer rooms that we can use to chat with friends online.

CD 4 – Tracks 25-26 – pp. 261-262

Part 2

Like I said before, I've got classes all day. Lessons start at quarter past eight. That's OK for me, especially if it's geography. That's my favourite subject! Then at half past ten we have a break for 20 minutes. Many students normally go to the bar and have a light snack during this break. I sometimes check my Instagram or go to the playground. Then we have some more lessons. At quarter to one the bell rings and it's time for lunch. After lunch we go back to our classrooms. On Monday afternoons I've got history and maths. I don't really like these subjects to be honest. So, I prefer Wednesday afternoons, that's when

I have ICT and art. I love everything about computers and paintings! And finally, at half past four, it's time to go home.

CD 4 – Tracks 27-28 – pp. 263-264

Part 1

Hi, my name's Matilde and I live in Lillburn, New Zealand. I am a 7th grade student like you, but I don't go to school, the school comes to me. You see, Lillburn is a very small town in the south of New Zealand and it is quite far from schools. So, instead of classes in a normal school, I have online classes at home every morning from eight to half past midday. And the best part? I don't have any classes in the afternoon!

CD 4 – Tracks 29-30 – pp. 263-264

Part 2

My day starts at seven o'clock. I get up, get dressed and have breakfast with my older sister. Then I brush my teeth and turn on my computer because classes start at eight o'clock. At half past midday, I finish my online classes. After that I have lunch with my family at one o'clock.

In the afternoon I always do my homework and study for an hour. If I have some free time, I listen to some music, ride my horse, or go for walks with my sister.

Living far from everything is sometimes boring, but I always find something interesting to do.

CD 4 – Track 31 – pp. 265-266

Song "Circles", by KIDZ BOP

CD 4 – Tracks 32-33 – pp. 269-270

Part 1

Speaker 1

My parents bought this place last year. It's so much better than the flat we lived in before. Now we have no neighbours, but we have a beautiful garden and a swimming pool outside. My bedroom's on the first floor and my parents' bedroom is on the ground floor. Much more privacy now!

Speaker 2

I quite like where we live. It's in the city centre and close to everything, but noisy sometimes. The upstairs neighbours have got a new baby girl and she often cries a lot. But my best friend Jimmy also lives here, he's on the 6th floor so he sometimes comes over and plays video games with me.

Speaker 3

Hi Marco, it's me Gabriel. I think I'm lost. I know you gave me your address and told me your house was red, but I'm here now and they all look the same to me! Can you come to the door, please?

CD 4 – Tracks 34-35 – pp. 269-270

Part 2

Real estate agent (REA): Good afternoon, how may I help you?

Wendy (W): Hello, my name's Wendy and I'm looking for a new home.

REA: Well, congratulations! What type of house are you looking for?

W: Hmmm, I'm not sure. I'm a city girl but I am tired of living around so much noise and cars. Maybe something a bit more relaxing where I can read a book, somewhere quiet.

REA: I see, how about a cottage? We have an excellent one right by the forest. There are trees, a beautiful garden and no neighbours nearby.

W: Hmmm... but I like talking to people. I don't want to be alone and far from the city centre... Any other suggestion?

REA: How about a semi-detached house? It's big and there are very friendly people in that neighbourhood. It's not too noisy and it's in a quiet town not far from here.

W: Hmmm... it sounds nice but...

REA: But?...

W: Well, I don't think it's a good idea because I just don't like being in the same place for too long...

REA: In that case, I have just the thing for you.

W: Really?

REA: Yes!... A caravan! You can take it anywhere you'd like: to the quiet mountains, to the sandy beaches, even to other countries! Would you like to see it?

W: Yes, of course!!! Let's go!

CD 4 – Tracks 36-37 – pp. 271-272

Part 1

Speaker 1

Harry: Excuse me, how can I get to the bookshop?

Police officer: Go straight on and turn left at the end of the street. The bookshop is next to the cinema and opposite the shopping centre.

Harry: Thank you for your help.

Speaker 2

Mr Collins: Excuse me, is the theatre at the end of the street?

Local: The theatre? No, it isn't. There isn't a theatre around here.

Mr Collins: Hummm... I need to get to the bank. Isn't the bank next to the theatre?

Local: Oh, no! It is in King's Road opposite the chemist's.

CD 4 – Tracks 38-39 – pp. 271-272

Part 2

Dialogue 1

Tourist: Excuse me, can you tell me the way to the post office?

Local: Yes. You go along King Street and take the second turning on the left. The post office is opposite the Town Hall.

Tourist: Sorry, the third turning on the left?

Local: No, the second.

Tourist: Thank you for your help.

Dialogue 2

Tourist: Excuse me officer, how can I get to Maggie's Place, the new restaurant?

Police officer: Well, I know that restaurant very well. They have great food. Go straight on North Road, then take the first turning on your right. The restaurant is next to the History Museum.

Tourist: Thanks so much, I must hurry. Bye.

Dialogue 3

Tourist: Excuse me, is there a bus station near here?

Local: Hmmm, well the train station isn't far. Go along this street and turn left

Tourist: Oh well, not the train station. I need to get to the bus station. My bus leaves in an hour.

Local: Sorry, go along this street and take the second turning on your right. The bus station is between the stadium and the park.

CD 4 – Track 40 – pp. 273-274

Part 1

Song "Take me back to London", by Ed Sheeran

CD 4 – Track 41 – pp. 273-274

Part 2

Song "Take me back to London", by Ed Sheeran

CD 4 – Tracks 42-43 – pp. 275-276

Martin: Hey dad, it's finally the weekend! We could do something different this weekend.

Father: Sure son, what do you want to do?

Martin: Well, my friend from school told me that the new amusement park is now open. You know, the one with all the water rides.

Father: Ah yes, our neighbour Jorge told me about that. He also wanted to go there with his son Lucas.

Martin: Awesome! We can all go together then!

Father: That's a great idea, let me check their website to see the opening hours and how much the tickets cost...

(father checks computer)

Right, it says here it's open from 10 a.m. to 6 p.m. on Saturdays.

Adults pay £10 and children aged 7 to 15 pay £8. That's OK.

Martin: Well, it's 9 o'clock now. Do you think we can go?

Father: Yes son. I'm going to call Jorge now and ask them if they'd like to join us.

Martin: Thanks dad, you're the best!

Father: OK, OK, go get your backpack ready. And don't forget your swim shorts. I'll prepare some packed lunches for us. Hurry up!

Martin: Yes ddaaaaadddd....!

CD 4 – Tracks 44-45 – pp. 277-278

Part 1

Speaker 1 (Everly)

My favourite sport is football because I'm very good at it and all of my friends play it. In fact, my two best friends are on my team, so we have great fun together. And almost everyone in my family played football in the past. My brother's favourite football player is Messi, but I prefer Cristiano Ronaldo.

Speaker 2 (Bernie)

Well, I really enjoy swimming and tennis. I like swimming because we've got a large swimming pool in our garden, so

I'm there almost every day in the summer when it's nice out. And that's when my friends normally come and hang out with me there, too. And tennis because it's an active sport. I normally play it at the weekend with my dad.

Speaker 3 (Grace)

My favourite sport? Oh it's basketball definitely! I'm on the girls' basketball team at school and we practise about 5 times a week, so we're always together. When we're not playing basketball, we normally hang out in the park and listen to music, you know, just relax and have some girl talk. But I also like swimming and football too.

CD 4 – Tracks 46-47 – pp. 277-278

Part 2 – What do you love about sports?

Speaker 1 (Everly)

I love sports because I like to spend time with my friends and because it's good for me. I also love the competition, especially when our team is winning.

Speaker 2 (Bernie)

Well, being in the water makes me feel refreshed especially on a hot day. I like that it helps me to relax when I'm a bit stressed because of tests. As for tennis, I like that I can spend time with my dad, and it keeps us both active and healthy.

Speaker 3 (Grace)

Well, what I really love about sports in general is the adrenaline and that it's exciting. And also, that it's fun, even if you're not very good at it. Sure, I like winning, but it isn't the most important part. Any sport can help you get stronger, I think that's what really matters.

CD 4 – Track 48 – pp. 279–280

Song “Summer”, by Calvin Harris

CD 4 – Tracks 49–50 – pp. 279–280

This is one of my favourite songs ever, it always makes me think about summer. It really makes me happy when I'm sad. Every time it plays on the radio, I always turn up the volume and dance. Even at parties, this is a song that will always play, and my friends and I will sing it as loud as we can.

To me, summer is a time of relaxing, hanging out with my friends, going to the beach and swimming in the sea. I don't enjoy it when it rains, but even if it does, I will listen to this song and everything is good again. I can't wait for the summer holidays to begin!

TESTS

CD 5 – Tracks 1–2 – p. 327

William: Hello! I'm William Emerson. I'm twelve years old. I was born on 13th April. I was born in Boston. I'm American. I've got an older sister and a dog called Rufus. My address is 35 Walker Street in Boston, USA. My favourite hobby is skateboarding.

CD 5 – Tracks 3–4 – p. 327

Mia

Hi there. I'm Mia and I go to a school in London. It's my favourite city. My school is not very far from my house, so I walk to school all the time. My brother's school is far, so he catches the bus to go to his school. I'm in the canteen now because it's lunch time. It's not very sunny today. In fact, it's raining.
Today I like my lunch. It's chicken and rice. Hmm, delicious! I don't really like fish and sausages at home or in the canteen.

CD 5 – Tracks 5–6 – pp. 331, 338, 345 Part 1

Hi! I'm Derek and I want to tell you about my best friend. His name is Arthur Brown, but I call him Art. He is twelve years old. He was born in October just like me. He was born on the 2nd and I on the 22nd. He's

from Liverpool but he and his family live in Oxford in my street. Their address is Queen Mary's Street, number 63 and mine is number 65. Art is tall and thin. He's got straight brown hair and green eyes. He's very friendly and hard-working. We always go to school together. We have got the same interests: we like skateboarding and playing video games.

CD 5 – Tracks 7-8 – pp. 331, 338, 345

Part 2

Now I want to tell you about my family because it is very important to me. There are five members in my family: my parents, my little sister Emily, 6 years old, my grandma and me. We have got a pet too. Our pet is a cat. I think he's very lazy because he sleeps all day. I'm 12 years old and I'm tall and thin. My eyes are black and my hair is curly and black. My father is a nurse and my mother is a police officer.

CD 5 – Tracks 9-10 – pp. 331, 338, 345

Part 3

My family is very special to me. We like doing family-friendly activities at the weekend. We have a lot of fun together. For example, we like riding our bikes, going for walks in the park or watching films. At the moment I am writing this text, I like writing a lot, my father is cooking a

special dinner with my mum, but we don't think he's a good cook. My grandma likes cooking too but now she is reading a story to Emily. And our cat? Well, can you guess? He is sleeping next to my grandma.

CD 5 – Tracks 11-12 – pp. 354, 361, 368

Part 1

Oliver's new school

This term I'm in a new school and I like it a lot because it's modern with very good facilities. There are three buildings in my new school: a big building and two small ones. In the big building, downstairs, there is the school office, the staffroom, the canteen and two toilets. Upstairs there are classrooms, two laboratories, three computer rooms, a cafeteria, a library and the students' room. One of the other buildings is for art subjects. There are two music rooms, three art rooms and an auditorium. The brown building is the gym.

CD 5 – Tracks 13-14 – pp. 354, 361, 368

Part 2

I like maths and science, but these aren't the subjects I prefer. My friends think I'm very good at chemistry and they are right. It's the top subject for me. Physical education is good because students can do exercise and play games like football or basketball.

CD 5 – Tracks 15-16 – pp. 354, 361, 368

Part 3

Oliver's alarm clock rings at 7 o'clock every day. He always stays in bed a bit more and he gets up at ten past seven. He has a shower, gets dressed and runs down the stairs to have breakfast. His parents are always in the kitchen and his baby brother too. Oliver usually goes to school by bus, but his father sometimes drives him there. After the morning lessons he always has lunch in the school canteen. After school he has violin lessons three times a week. When he gets home, he does his homework. After dinner, the family stays in the living room: his parents watch TV, his brother plays with his toys and Oliver likes to play with him.

CD 5 – Tracks 17-18 – pp. 377, 384, 391

Part 1

Hi, I'm Leo! In my house I like the attic very much. It's a place where I can have fun and relax, but the room I really like is my bedroom. I like everything about it and it's really comfortable. All my favourite things are there: my guitar, my skateboard, my tennis racket... The bed is between the bedside table and the desk. On the desk there is a computer and a lamp. There is a shelf above the desk. There is a poster on the wall. At the weekend I sometimes invite my best friends to visit me.

CD 5 – Tracks 19-20 – pp. 377, 384, 391

Part 2

My name is Erica and I want to tell you about my favourite room in my house. My friends usually say that their favourite room is their bedroom but mine is the living room. It is big and it has two windows and a balcony. There is a comfortable sofa opposite the fireplace. I love sitting on the floor in front of the fireplace and listening to music. There is a bookcase between the fireplace and one of the windows. There are also two armchairs and a coffee table. There are nice paintings on the walls. After dinner everybody stays in the living room and relaxes.

CD 5 – Tracks 21-22 – pp. 377, 384, 391

Part 3

Last Saturday two friends of mine, Jack and David, came to my house to spend the afternoon with me. They arrived at 3 o'clock. We started by playing some video games. Then I played the guitar and they sang. My mother made a snack for us. We loved the chocolate cake.

Next we watched a film. My friend Jack sat on the rug and played with my dog. He didn't like the film. My friends said that they liked my bedroom very much because it is very cosy and I have cool things.

CD 5 – Tracks 23-24 – pp. 400, 407, 414

Part 1

1. Where did David go on his school trip yesterday?

Grandfather: Did you go to Edinburgh on your school trip, David?

David: No, I didn't because the trip was very expensive. Cambridge was the second option, but the PE teacher didn't agree.

Grandfather: Why was that?

David: He suggested Manchester because he wanted the students to visit the Manchester United Stadium. It was fantastic. We all loved it.

2. How did they travel?

Grandfather: How did you travel to Manchester?

David: The teachers went to Victoria station to buy tickets but there was a problem. The first train was very late, so they changed their minds. We met at school and took the tube to the bus station. The bus was very comfortable.

3. How much did the students pay for the school trip?

David: Mum, you gave me 20 pounds for the school trip but I only paid 15 pounds.

Mum: But you were supposed to pay 18 pounds. Why was the trip cheaper?

David: The bus company made a special price. Here is the change.

Mum: You can keep it.

4. What was Beatrix doing last Sunday afternoon?

Archie: Hi Beatrix, did you go with your brother David on the school trip last Sunday afternoon? I tried to call you but your mobile was off.

Beatrix: Hi Archie! No, I didn't go with my brother. Let me see... in the morning I was at the park with my younger brother. I was skateboarding while my brother was riding his bike. In the afternoon Florence and I were watching a film at the cinema. My phone was off for 2 hours.

CD 5 – Tracks 25-26 – pp. 400, 407, 414

Part 2

You will hear two teachers talking about a school camping trip.

Teacher 1: When was the camping trip?

Teacher 2: It was last weekend. The students were very happy about the trip.

Teacher 1: I am going to organise a school trip with my students next month. Can you help me?

Teacher 2: Yes, of course.

Teacher 1: How much was your trip?

Teacher 2: 35 pounds but everything was included.

Teacher 1: Did the students pay in advance?

Teacher 2: Yes, they did. All the students gave the money to Mrs Bedford, B-E-D-F-O-R-D, the school secretary, before the trip started.

Teacher 1: What time did you leave school?

Teacher 2: The students all got to school at quarter to eight on Friday and the bus left at eight o'clock.

Teacher 1: How did you travel?

Teacher 2: We usually travel by bus but this time we caught the train.

Teacher 1: Did they take any special equipment?

Teacher 2: We asked the students to take trainers as well as training suits because there were lots of activities: walking, running, playing games...

CD 5 – Tracks 27-28 – pp. 423, 430, 437

Part 1

Anna: I'm not a very outgoing person. I prefer calm over noisy, so my idea of a fun holiday is walking in the forest or visiting small places with lots of beautiful trees, farms or typical cottages. I sometimes take my bike with me on holiday because I enjoy being on my own and stop when I want to. I usually take pictures of animals, flowers or trees.

Alex: My twin brother and I are quite the opposite! He never goes on holiday. In fact, he usually stays home and takes care of our dog and our garden. I always travel somewhere... I prefer doing unusual activities! Things we sometimes only do when we are on holiday. I enjoy exciting sports, for example climbing a mountain and sleeping in a tent. I'm not afraid of trying new things or meeting new people!

Martin: Every year, I go to the beach with my sister. She enjoys sunbathing and watersports and we always have fun together. We stay at our uncle's house near the beach. This time, I'm going to do choose something just for me. Going to the beach is fun, but what I really enjoy is travelling by ship and going to different places. We meet people with different nationalities and there are lots of different activities you can do on a ship.

Laura: When I was younger, I really liked going to the countryside and take care of animals in July or August. I'm older now, and I don't really enjoy spending a lot of time away from home. That's why my favourite thing is visiting one place only for two or three days. Going on a sightseeing tour bus and visiting one or two museums are the things I now enjoy the most.

CD 5 – Tracks 29-30 – pp. 423, 430, 437

Part 2

I'm Mark and I'm very happy about next weekend. My best friend, Jeremy, and his younger brother, Adam, will come to visit me in Boston. They live in New York now, so we don't see each other very much. They will catch the six o'clock train to get here. I don't have a car, but I'll ask my neighbour to go to the station with me to get them.

When they get here, I won't probably stay at home as usual because I think Jeremy will want to enjoy his time here. He likes outdoor activities, not like me. I don't like outdoor activities. I prefer reading books and watching films.

One of the first things we will do is go to Quincy Market. The old market is completely transformed. It's now a place with more than 50 shops and 14 restaurants.

After that we will go on a cruise boat adventure on the Charles River. It's the most perfect way to see the city and to spend the afternoon.

