

Testes 9.º ano

Inglês

Prepara-te!

9

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Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to read some anti-dependencies slogans and a text about dependencies.

1. Match the **four** advertisements with the **four** corresponding slogans. Two of the slogans are not needed. Write only the numbers of the items, the letters (**A** to **D**) and the numbers (**1** to **6**) on your answer sheet. Example: 1. (E) – (7)

(A)



(B)



(C)



(D)



- (1) Don't allow your children to breathe in secondhand smoke.
- (2) Don't let drugs destroy your most precious thing: your life. Say no!
- (3) If you are thinking of drinking and driving, think twice! The end of your journey might not be that bright.
- (4) If you know smoking can kill, why do you go on giving bad examples to our teenagers?
- (5) I know you are too smart to start. Keep away from drugs!
- (6) Stay teen! Avoid the responsibilities that come with too-early pregnancy.

(30 pt) Read the following text and copy the information from it that shows sentences **2** to **4** are true.

Write only the numbers of the items and the information on your answer sheet.

Example: 1. "Teens: Alcohol And Other Drugs"

Teens: Alcohol And Other Drugs

Experimentation with alcohol and drugs during adolescence is common. Unfortunately, teenagers often don't see the link between their actions today and the consequences tomorrow. They also have a tendency to feel indestructible and immune to the problems that others experience.

5 Using alcohol and tobacco at a young age has negative health effects. While some teens will experiment and stop, others will develop a dependency, moving on to more dangerous drugs and causing significant harm to themselves and possibly others. It is difficult to know which teens will experiment and stop and which will develop serious problems. Teenagers at risk for developing serious alcohol and drug problems include
10 those with a family history of substance abuse, who are depressed, who have low self-esteem, and who feel like they don't fit in or are out of the mainstream.

Teenagers abuse a variety of drugs, both legal and illegal. Legally available drugs include alcohol, prescribed medications and cough, cold, sleep and diet medications. The most commonly used illegal drugs are marijuana, stimulants, LSD, opiates, heroin,
15 and ecstasy.

Drug use is associated with a variety of negative consequences, including increased risk of serious drug use later in life, school failure, and poor judgment which may put teens at risk for accidents, violence and suicide.

Parents can prevent their children from using drugs by talking to them about drugs,
20 open communication, role modeling, responsible behaviour, and recognizing if problems are developing.

Warning signs of teenage alcohol and drug abuse may include:

Physical: fatigue, repeated health complaints, red and glazed eyes, and a lasting cough.

Emotional: personality and sudden mood changes, irritability, irresponsible behaviour,
25 low self-esteem, poor judgment, depression, and a general lack of interest.

Family: starting arguments, breaking rules, or withdrawing from the family.

School: decreased interest, negative attitude, drop in grades, many absences and discipline problems.

Social problems: new friends who are less interested in standard home and school
30 activities, problems with the law, and changes to less conventional styles in dress and music.

If you have concerns you may want to consult a doctor to rule out physical causes of the warning signs.

in <http://aacap.org/page.wv?name=Teens:+Alcohol+and+Other+Drugs§ion=Facts+for+Families>
(abridged and adapted) (accessed 24.07.2011)

2. Teenagers think that what happens to other people won't happen to them.
3. Taking drugs may hurt not only the drug addicts but also the people around them.
4. If you are worried about this problem, you should take professional advice.

(8 pt) Read the text again and choose the correct options for items 5 and 6.

Write only the numbers of the items and the letters (A to D) on your answer sheet.

Example: 7. (C)

5. In line 11, "**mainstream**" means

- (A) exceptional.
- (B) surroundings.
- (C) tendency.
- (D) uncommon.

6. In line 26, "**withdrawing from the family**" means

- (A) finding support in the family.
- (B) sharing problems with the family.
- (C) staying close to the family.
- (D) stop communicating with the family.

Activity B

Items 7 to 12

You are going to read a text about heavy smokers.

30 pt) Read the text and answer the questions for items 7 and 8.

Write only the numbers of the items and the answers on your answer sheet.

Example: 14. *The author's grandfather owned a grocery shop.*

My grandfather was a heavy smoker. He owned a small grocery shop by the roadside. Mum and dad would take us there to visit them almost every night when they were still alive. Till one day, my grandfather was diagnosed with high blood pressure and heart disease. As a heart disease patient, he ought to stop smoking... but I guess... he did not. He left us suddenly when I was 7 or 8. I was quite young still at that time, so I was not that sad and did not question much.

Seriously I don't think smoking is cool. To me, smoking is just another method of killing yourself and the people around you... slowly. Think before pulling out a cigarette from your pocket... Think before you start smoking... don't let the short enjoyment ruin yourself and the people around you...

in <http://lastangel2411.blogspot.com/2009/01/to-all-smoker-friends.html> (abridged and adapted) (accessed 25.07.2011)

7. What happened to the author's grandfather?

8. What's the author's opinion about smoking?

- (20 pt) Read the text about a drug addict and complete the sentences for items 9 to 12 with the missing information. Write only the numbers of the items and the answers on your answer sheet.
Example: 13. *when she started taking drugs.*

I was 13 years old when I first tried using drugs. All of my friends were doing it. I had been wanting to try it for a long time. When I started to hang out with a new group of kids at school, I was finally given the opportunity.

- This new behaviour affected my life at school. Before drugs, in the eighth grade, I was president of my class, a cheerleader, and an honour roll student. Exactly a year later, when I was a freshman in high school, I ditched more school than I attended, I was kicked out of the cheer squad, and I found out that I was pregnant at the age of 15.

- I never thought I would become addicted. I had heard of drug addicts before, but I had always separated myself from "them". In the beginning, mine was an occasional use which I thought I could control.

After about two years of using, I found that I could not function without it. My next high became my first priority. I could no longer take care of my family or hold a job.

- It wasn't until my four children were taken away by their grandparents and my husband and I were homeless that I decided I needed help – not because I wanted it, but because I had nowhere else to go.

In rehab I learned that addiction is a disease, that without treatment it would eventually kill me. I learned to deal with my feelings, good and bad, instead of always trying to numb them. I learned that I didn't have to use ever again if I didn't want to. I learned that, though I will never be "cured", I have a daily reprieve in recovery.

- The advice I would give to people who occasionally use drugs would be to stop while you can. Addiction happens before you know it. I went from a casual user to a full-blown addict without ever seeing it coming. Drugs claim people of all races, religions, and backgrounds. It has no boundaries. It makes us liars, manipulators, and thieves. But you don't have to take that road; many millions of us have already taken it for you, and it's not fun. Doing drugs is a choice; say no before there is no longer a choice to be made.

in <http://www.teenink.com/nonfiction/interviews/article/5483/Mona-Ward-Recovering-Drug-Addict/>
(abridged and adapted) (accessed 25.07.2011)

9. She first started taking drugs, because _____.
10. Her school life was affected by her attitudes. Before using drugs, she _____.
11. She realized she needed help when _____.
12. The author says taking drugs is _____.

Parte II – Produção e interação escritas

Activity A

Read the topic below and write a text of about 50 words on it.

Write only the number.

Example: 7 (C)

“Breathing in someone else’s cigarette smoke can increase your risk of cancer or other health problems.”

in [http:// www.nhs.uk/chq/Pages/2289.aspx?CategoryID=538SubCategoryID=536](http://www.nhs.uk/chq/Pages/2289.aspx?CategoryID=538SubCategoryID=536)

Why do you think passive smoking is as harmful as active smoking?

Your text is to be published in a Medical Science magazine.

Activity B

Read the topic below and write between 50 and 100 words on it.

Taking drugs has always been a problem among teenagers.

Write a text about the consequences of taking drugs.

Your text is to be sent to the forum section of your local newspaper.

FIM

9.º Ano de Escolaridade

Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to read about a Disney Channel Talent Search casting call.

Read the text and copy the information from it that shows sentences **1** to **3** are true.

Write only the numbers of the items and the information on your answer sheet.

Example: 4. "Disney Channel talent search open casting call scheduled for Richmond, VA"

Disney Channel talent search open casting call scheduled for Richmond, VA

Disney Channel and Disney XD is conducting a talent search for new actors and actresses, and an open casting call is scheduled for July, 2011 in Richmond, Virginia. They are seeking talented, young actors, actresses, singers and dancers between the ages of 10 and 18 (or look like you are 10 – 18 years of age) to be considered for roles in upcoming Disney Channel and
5 Disney XD Original Movies and Television Series. If you have a strong urge to act, sing or dance, then Disney casting directors would love to see you at this open casting call.

This official Disney Channel and Disney XD open casting call is one of the few annual talent searches in the United States. You do not need to live in Virginia to attend this open casting call. Disney Channel and Disney XD casts the vast majority of actors in Los Angeles
10 due to the large number of talent agents, casting directors, and actors available in the area. However, they do hold open casting calls and talent searches in other cities, and even other countries occasionally.

Some of the Disney Channel shows being cast are *Gulliver Quinn*, *SWAC: So Random*, *Jessie*, *Ant Farm*, *Kickin' It*, *Pair of Kings*, *Good Luck Charlie*, *Shake It Up*, *The Little Leftover Witch*,
15 *Wizards of Waverly Place: The Movie 2*, and several other Disney Channel Original Movies.

Please remember to download an application form, fill it out and bring it to the open casting call along with a non-returnable recent colour photo. You will be given a monologue to perform and show off your talents at the open casting call. All minors attending must be accompanied by a parent or legal guardian.

20 There are no fees whatsoever to attend this opening casting call. Additional Disney Channel and Disney XD talent searches or open casting calls will be posted here as they become available.

This is not an offer for any guarantee of employment, but is an amazing opportunity to give promising new actors and actresses the chance of a lifetime to audition for Disney Channel and Disney XD casting representatives.

in <http://www.filmtelevisionauditions.com/2011/06/disney-channel-talent-search-open.html>
(abridged and adapted) (accessed 28.07.2011)

1. Even if you are over 18 years old, you can apply for this casting call.
2. There is no need to pay for this opening casting call.
3. Attending this opening casting call doesn't mean you'll get a job.

Read the text again and choose the correct options for items 4 to 6.

Write only the numbers of the items and the letters (A to D) on your answer sheet.

Example: 7. (C)

4. In line 2, "**seeking**" means

- (A) chasing.
- (B) exploring.
- (C) looking for.
- (D) trying.

5. In line 5, "**urge**" means

- (A) aversion.
- (B) desire.
- (C) passion.
- (D) request.

6. In line 11, "**However**" means

- (A) so.
- (B) nevertheless.
- (C) because.
- (D) besides.

Activity B**Items 7 to 11**

You are going to read a text about a stunt accident.

Read the text and complete the sentences for items **7** and **8** with information from it.

Write only the numbers of the items and the answers on your answer sheet.

Example: 6. *she plays a character called Evelyn Salt.*

**Angelina Jolie left scarred after set accident
while filming stunts on new film *Salt***

The actress performed her own stunts in the film where she plays a character called Evelyn Salt, a CIA officer accused of being a Russian spy who must prove her innocence while on the run. The role required her to jump across highway overpasses onto semi trucks, perform hand-to-hand combat and handle a number of different weapons.

5 The 35 year-old said she sliced open part of her face just above her nose when tumbling into a doorway with a gun. Speaking at the Comic-Con festival in San Diego, California, she said it had come during a “ridiculously” easy scene, which involved her rolling onto the floor. It has left her with a permanent scar. But despite her injury she said she was pleased with how the film turned out.

10 During her training she was also required to train in martial arts including Krav Maga and Muay Thai. For her role, she also consulted with a real spy, Melissa Boyle Mahle, a former US intelligence officer and an expert on the Middle East and counterterrorism.

Her character, a married CIA officer, is accused by a Russian defector of being a Russian spy. She flees from her CIA colleagues, including her boss and her main pursuer, and spends
15 the rest of the movie trying to prove her innocence. But her actions, many of which result in dead bodies, cast doubt on her motives. It has left the world guessing if she really is a traitor.

The actress answered fan questions about her mysterious character, who may or may not be a Russian spy. “There’s a real duplicity to her personality,” she said. “There’s a part of her that’s not necessarily a good guy, and because of certain things that happened to her, she’s a
20 bit damaged.

Schreiber, another star of this film, said he was impressed with his co-star’s determination to do her own stunts. “She wanted to do every stunt, and she did,” he said. “No Computer-Generated Imagery in the movie, no stunt double, it’s all her.”

in <http://www.telegraph.co.uk/culture/film/film-news/7905939/Angelina-Jolie-left-scarred-after-set-accident-while-filming-stunts-on-new-film-Salt.html> (abridged and adapted) (accessed 27.07.2011)

7. Angelina’s character is accused of being a Russian spy and has to _____.

8. Her training to the film involved _____.

Read the text again and correct the sentences **9** to **11**.

Write only the numbers of the items and the correct sentences on your answer sheet.

Example: 7. *Angelina Jolie spoke at the Comic-Con festival in California.*

9. In the film *Salt*, Angelina Jolie does some of her own stunts.

10. The actress tumbled into a doorway, which resulted in a scar on her nose.

11. The actress describes her character as being extremely straightforward.

Parte II – Produção e interação escritas

Activity A

Read the topic below and write a text of about 50 words on it.

Write a brief synopsis of a film you have recently seen to enter an international contest for school students sponsored by a Cinema Company.

Activity B

Read the topic below and write between 50 and 100 words on it.

Do you want to be on television? Do you dream about becoming a famous celebrity or a film star?

Write an email to the director of a TV series explaining why you should be chosen to be the leading actor of it.

FIM

Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to read some quotations and a notice.

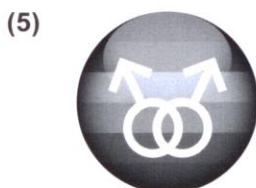
1. Match the **three** quotations with the **three** corresponding pictures. Three of the pictures are not needed. Write only the number of the item, the letters (**A to C**) and the numbers (**1 to 6**) on your answer sheet. Example: 1. (D) – (7)

(A) "I have a dream that my four little children will one day live in a nation where they will not be judged by the colour of their skin but by the content of their character." Martin Luther King Jr.

(B) "I believe that those who promote discrimination on the basis of sexual orientation are gravely mistaken about the values that make our nation strong. I will continue to move my administration in the direction of compassion." Bill Clinton

(C) "In the end, antifemale and all forms of discrimination are equivalent to the same thing – antihumanism." Shirley Chisholm

in <http://thinkexist.com> (adapted) (accessed 18.07.2011)



Read the following notice and choose the correct option for items 2 and 3.

Write only the numbers of the items and the letters (A to D) on your answer sheet.

Example: 4. (E)

Information – Who can help?

You may wish to speak if you feel you have experienced discrimination or you think that a complaint of discrimination has been made against you.

You can get help and advice on your rights and on how to make a complaint if necessary from your national equality body. For more information on your national equality body, visit the website of EQUINET, the European Network of Equality Bodies.

Trade unions working in your country can offer help and advice. A list of national trade unions is available on the European Trade Union Confederation's (ETUC) website.

There are also non-governmental organisations (NGOs) active in the field of discrimination and diversity across Europe. These organisations help raise awareness of discrimination and may be able to provide information and support to you if you have been discriminated against.

Find NGOs working in your country:

- AGE Platform Europe which promotes the rights of older people
- European Disability Forum (EDF) which promotes the rights of disabled people
- European Women's Lobby (EWL) which promotes women's rights and equality between women and men.

Or you can call the free phone number 00800 67891011 from anywhere in the EU.

in http://ec.europa.eu/index_en.htm (adapted) (accessed 18.07.2011)

2. People who need information about how to fight discrimination can

- (A) contact a very expensive phone number.
- (B) get in touch with governmental and non-governmental organisations.
- (C) get in touch with PDF which promotes the rights of disabled people.
- (D) only contact national trade unions.

3. Organisations

- (A) can lend money.
- (B) can provide information and support.
- (C) have to offer help.
- (D) have to visit the website of EQUINET.

- 1 pt) Read the notice again and mark the sentences **4 to 6** as True or False.
Write only the numbers of the items and **True or False** on your answer sheet.
Example: 7. *True*

4. Organisations are not engaged in helping discriminated people.
5. There is a non-governmental organisation which helps handicapped people.
6. EWL is a governmental organisation which promotes women's rights and equality between women and men.

Activity B

Items 7 to 9

You are going to read a piece of news.

- 1 pt) Read the text and order the sentences below according to the sequence of events.
Write only the number of the item and the letters (**A to E**) in the correct order on your answer sheet.
Example: 8. (F) – (G) – (H) – (I) – (J)

Celebrity Big Brother

One of the first shows to propel the rise of reality TV, the UK's *Big Brother* series landed on a winning formula: throw myriad personalities into a house and have them compete with one another, and you're bound to have compelling drama. The show led to an American version and inspired countless knockoffs, including a celebrity version that, unsurprisingly, only increased the theatrics.

Case in point: the 2007 season of *Celebrity Big Brother* was mired in an international scandal as three contestants – model Danielle Lloyd, reality-show veteran Jade Goody and singer Jo O'Meara – were shown routinely mocking and bullying fellow contestant Shilpa Shetty, an Indian actress. The bullying was widely perceived as racist, as Shetty's name, accent and appearance were ridiculed.

The UK's television regulator, Ofcom, received tens of thousands of complaints and there was substantial media backlash against Lloyd, Goody and O'Meara both in the UK and in India. Goody and O'Meara both reported that they received death threats after leaving the house and Lloyd lost several lucrative modeling contracts due to the controversy. While O'Meara maintained that she didn't bully Shetty, both Goody and Lloyd offered apologies to the actress – which she graciously accepted.

in <http://www.time.com> 8.04.2011 (adapted) (accessed 18.07.2011)

7. This is what happened:
- (A) In 2007, some famous people participated in *Celebrity Big Brother*.
 - (B) Many people complained about what was happening on the TV program.
 - (C) Shilpa Shetty was constantly victim of racism.
 - (D) Some contestants were financially affected by the controversy.
 - (E) The Indian actress accepted the apologies.

Read the text again and answer the questions for items 8 and 9.

Write only the numbers of the items and the answers on your answer sheet.

Example: 7. *The 2007 season of Celebrity Big Brother was mired in an international scandal.*

8. Who were the people involved in the scandal?

9. What is Ofcom?

Parte II – Produção e interação escritas

Activity A

1) Read the topic below and write a text of about 50 words on it.

Racism continues to be a problem throughout the world.

Write a short text for a leaflet against racism.

Activity B

1) Read the topic below and write between 50 and 100 words on it.

Female discrimination is one of many other existing forms of discrimination.

In your opinion, what measures need to be taken to stop discrimination?

Your text is to be read at a world Conference on Human Rights.

FIM

Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to label some pictures and read a leaflet.

- 15 pt) 1. Match the **six** pictures with the **six** corresponding environmental problems. Three of the environmental problems are not needed.

Write only the number of the item, the letters (**A** to **F**) and the numbers (**1** to **9**) on your answer sheet.

Example: 1. (G) – (10)



- (1) fire
- (2) CFCs
- (3) endangered species
- (4) acid rain
- (5) air pollution
- (6) deforestation
- (7) litter
- (8) drought
- (9) global warming

- Read the first part of the leaflet and choose the correct option for items 2 to 5.
Write only the numbers of the items and the letters (A to D) on your answer sheet.
Example: 1. (G)

Action for the Environment – What can you do?

Re-use and Recycle

- Use your blue topped bin for recycling paper, card, cans, glass and plastic. (Ring 020 8921 4661 if you haven't already got a bin).
- Visit your local recycling site to drop off batteries and small electrical items.
- 5 • Buy recycled goods wherever possible.
- Reusing is even better than recycling! Reuse your plastic carrier bags the next time you go shopping.

Save Petrol

- Try to walk, cycle or use public transport more. Could you share a car with friends or
10 colleagues?
- Local car clubs allow car-use to be shared between dozens of drivers.
- Does your child's school have a walking bus or could you help them develop one?
- A 10% increase in the number of people cycling regularly would reduce heart disease by 4%.

Save Water

- 15 • Install a water saving Hippo bag in your cistern and save three litres of water every flush.
Order free from Thames Water on 0845 9200 800.
- Have a shower instead of a bath – this can save over 300 litres of water a week.

in <http://www.greenwich.gov.uk> (adapted) (accessed 21.07.2011)

2. In line 4, "**drop off**" means

- (A) discard.
- (B) buy.
- (C) see.
- (D) sell.

3. In line 5, "**goods**" means

- (A) bags.
- (B) nice.
- (C) merchandise.
- (D) excellent.

4. In line 9, “share” means

- (A) drive.
- (B) save.
- (C) get.
- (D) divide.

5. In line 13, “increase” means

- (A) purchase.
- (B) offer.
- (C) growth.
- (D) design.

- pt) 6. Read the second part of the leaflet and complete the text with the missing words.
Write only the number of the item, the letters (A to E) and the numbers (1 to 8) on your answer sheet.
Example: 1. (F) – (9)

Buy Fairtrade

- Fairtrade _____ (A) _____ guarantee a better deal for Third World producers.

Be energy wise

- Buy energy efficient products such as low energy light _____ (B) _____. They can save you up to £100 in their lifetime!
- The Thames Valley Energy Efficiency Advice Centre (0800 512012) can advise on _____ (C) _____ saving measures and grants.
- Turn off your _____ (D) _____! Electrical equipment such as TVs, DVDs, PCs and stereos left on standby cost the average household up to £37 per year.

Get _____ (E) _____

- Is there a friends' group for your local park? Contact Parks and Open Spaces on 020 8856 2232.

in <http://www.greenwich.gov.uk> (adapted) (accessed 21.07.2011)

- (1) money
- (2) involved
- (3) bulbs
- (4) mobile
- (5) products
- (6) energy
- (7) on
- (8) television

Activity B

Items 7 to 12

You are going to read an article about climate changes.

- Read the following article and correct the sentences 7 to 9.

Write only the numbers of the items and the correct sentences on your answer sheet.

Example: 10. *Climate change effects overseas are important to the UK.*

Climate change effects overseas 'matter to the UK'

The UK authorities are urged to look beyond the impact of global warming on these islands.

The overseas effects of climate change in coming years will be as significant for the UK interests as any domestic impact, a report has warned.

- 5 The Foresight report says the UK authorities must look beyond the effects on these shores.

Rising temperatures could bring poverty, disease, food and water shortages that damage international business and finance, the report warns.

But there could be opportunities for the UK expertise in low-carbon technologies.

- 10 The authors of the report, examining the international dimensions of climate change for the UK government, say Britain must plan ahead for uncertain times.

Climate change-related problems could threaten international peace and security, they warn, and fluctuating global temperatures could disrupt the flow of natural resources and commodities.

- 15 But the report also suggests the possibility of new jobs based on the UK expertise in low carbon technologies and coastal engineering.

Even the insurance industry could prosper as business tries to offset future risks, it says.

in <http://www.bbc.co.uk/news/uk-14101473> (adapted) (accessed 21.07.2011)

7. The UK mustn't pay attention to the global warming effects.

8. One of the problems predicted by the report is the abundance of water.

9. Rising temperatures will only bring disadvantages for the UK.

- Read the article again and explain the meaning of the expressions for items 10 to 12 using your own words.

Write only the numbers of the items and the answers on your answer sheet.

Example: 14. *to stop.*

10. In line 1, "**are urged**" means _____.

11. In line 11, "**threaten**" means _____.

12. In line 16, "**prosper**" means _____.

Parte II – Produção e interação escritas

Activity A

3 pt) Read the topic below and write a text of about 50 words on it.

World Wildlife Fund (WWF) is the world's leading conservation organisation which has worked towards the protection of endangered species.

What do you do to help protect the environment, even on a small scale?

Write a comment to be posted on WWF website.

Activity B

3 pt) Read the topic below and write between 50 and 100 words on it.

There are many conservation organisations working to protect endangered species and habitats.

Write a letter to one of those organisations asking for further information.

FIM

Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to read some advice to have a healthy lifestyle.

1. Match the **four** pictures with the **four** corresponding pieces of advice. Two of the pieces of advice are not needed.

Write only the number of the item, the letters (**A** to **D**) and the numbers (**1** to **6**) on your answer sheet.
Example: 1. (E) – (7)

(A)



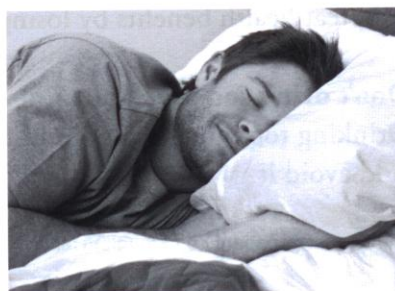
(B)



(C)



(D)



How to have a healthy lifestyle?

- (1) Avoid skipping meals.
- (2) Choose water instead of fizzy drinks.
- (3) Get a good night's sleep.
- (4) Follow a healthy and balanced diet.
- (5) Practise physical exercise on a daily basis.
- (6) Visit your doctor for a routine check-up at least once a year.

- (20 pt) 2. Read the following text and choose the correct title for each paragraph. Two of the titles are not needed. Write only the number of the item, the letters (A to C) and the numbers (1 to 5) on your answer sheet. Example: 1. (E) – (7)

What can I do to help stay healthy?

You should not smoke

If you smoke, stopping smoking is often the most effective thing that you can do to reduce your risk of future illness. If you find it hard to stop smoking, then see your practice nurse for help. Medication may be advised to help you to stop.

5 (A)

Anything that gets you mildly out of breath and a little sweaty is fine. For example: jogging, heavy gardening, swimming, cycling, etc. A walk each day is what many people do – and that is fine. However, it is thought that the more vigorous the activity, the better. To gain most benefit you should do at least 30 minutes of physical activity on most days.

10 (B)

- AT LEAST five portions, and ideally 7-9 portions, of a variety of fruit and vegetables per day.
- MOST MEALS should be starch-based foods (such as cereals, wholegrain bread, potatoes, rice, pasta), plus fruit and vegetables.
- 15 • NOT MUCH fatty food such as fatty meats, cheeses, full-cream milk, fried food, butter, etc.
- INCLUDE 2-3 portions of fish per week.
- If you eat meat it is best to eat lean meat, or poultry such as chicken.
- Try not to add salt to food, and limit foods which are salty.

20 (C)

You don't need to get to a perfect body. If you are fatter than what you should be, you can profit great health benefits by losing a few kilogrammes. This is often about 5-10 kg.

Don't drink too much alcohol

25 Drinking too much alcohol can be harmful both for your physical and mental health. You should avoid it.

in <http://www.patient.co.uk/health/Healthy-Lifestyle-Five-Choices.htm> (abridged and adapted) (accessed 09.07.2011)

- (1) Create positive relationships and your emotional health will increase
- (2) Do some regular physical activity
- (3) Eat a healthy diet
- (4) Start taking a good quality multivitamin/ mineral supplement
- (5) Try to lose weight if you are overweight or obese

Read the text again and choose the correct option for items 3 to 6.

Write only the numbers of the items and the letters (A to D) on your answer sheet.

Example: 7. (C)

3. In line 2, "**effective**" means

(A) attractive.

(B) inaccurate.

(C) interesting.

(D) successful.

4. In line 8, "**vigorous**" means

(A) endurable.

(B) energetic.

(C) healthy.

(D) weak.

5. In line 22, "**profit**" means

(A) advance.

(B) gain.

(C) lose.

(D) perform.

6. In line 24, "**harmful**" means

(A) dangerous.

(B) safe.

(C) strict.

(D) unimportant.

Activity B**Items 7 to 11**

You are going to read about eating disorders.

30 pt) Read the first part of the text and answer the questions for items **7** to **9**.

Write only the numbers of the items and the answers on your answer sheet.

Example: 1. *Eating disorders involve self-critical, negative thoughts and feelings about body weight, food and eating habits.*

About Eating Disorders

Generally, eating disorders involve self-critical, negative thoughts and feelings about body weight and food, and eating habits that disrupt normal body function and daily activities.

While more common among girls, eating disorders can affect boys too. They're so common in the U.S. that 1 or 2 out of every 100 kids will struggle with one, most commonly anorexia or bulimia. Unfortunately, many kids and teens successfully hide eating disorders from their families for months or even years.

It's important to remember that eating disorders can easily get out of hand and are difficult habits to break. Eating disorders are serious clinical problems that require professional treatment by doctors, therapists, and nutritionists.

in http://kidshealth.org/parent/emotions/feelings/eating_disorders.html# (abridged and adapted) (accessed 09.07.2011)

7. Who can suffer from an eating disorder?
8. How many US kids suffer from an eating disorder?
9. How can you solve an eating disorder problem?

10 pt) Read the second part of the text about eating disorders and complete the sentences for items **10** and **11** with the missing information.

Write only the numbers of the items and the answers on your answer sheet.

Example: 7. *it becomes an obsession.*

People with anorexia have an extreme fear of weight gain and a distorted view of their body size and shape. As a result, they fight to maintain a very low body weight. Some restrict their food intake by dieting, fasting, or excessive exercise. They hardly eat at all and often try to eat as few calories as possible, frequently obsessing over food intake. The small amount of food they do eat becomes an obsession.

Bulimia is characterized by habitual binge eating and purging. Someone with bulimia may undergo weight fluctuations, but rarely experiences the low weight associated with anorexia. Both disorders can involve compulsive exercise or other forms of purging food they have eaten, such as by self-induced vomiting or laxative use.

Although anorexia and bulimia are very similar, people with anorexia are usually very thin and underweight but those with bulimia may be a normal weight or even overweight. Binge eating disorders, food phobia, and body image disorders are also becoming increasingly common in adolescence.

in http://kidshealth.org/parent/emotions/feelings/eating_disorders.html# (abridged and adapted) (accessed 09.07.2011)

10. Anorexics are afraid of getting _____.
11. Bulimics suffer from _____.

Parte II – Produção e interação escritas

Activity A

Read the topic below and write a text of about 50 words on it.

Teenagers should accept and love themselves as they are instead of going through plastic surgery.

What's your opinion on this theme and what advice would you give to someone who wants to go through a plastic surgery?

Your text is to be sent to a Teen Magazine.

Activity B

Read the topic below and write between 50 and 100 words on it.

"Generally, eating disorders involve self-critical, negative thoughts and feelings about body weight and food, and eating habits that disrupt normal body function and daily activities."

in http://kidshealth.org/parent/emotions/feelings/eating_disorders.html# (abridged and adapted) (accessed 09.07.2011)

Write an essay about *Eating Disorders*, expressing your opinion on the subject.

FIM

Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to read about a summer program in the USA.

- pt) Read the first part of the text and copy information from it that shows sentences **1** to **3** are true.
Write only the numbers of the items and the information on your answer sheet.
Example: 1. "American Experience"

American Experience

English Immersion For European and International Students

The American Experience is an English immersion summer program for European and international students, ages 14-18, who wish to come to the United States for English language immersion as well as to learn about American culture. The program takes students to Boston and New York, where they live alongside American students and participate in daily classes, activities and workshops in American Culture, Art and History as well as English Language. During the weekends, regional day trips will expose the group to the iconic cities and towns of the Northeast. This English enrichment program is perfect for international high school students interested in improving their English comprehension, conversational skills and writing ability all while enjoying university life in one of the United States' most celebrated cities.

Ultimately, this English immersion program in the USA combines two advantages: a pre-college experience where our students live with a group of peers, and a language immersion experience facilitated by the Abbey Road Faculty. Students live together in student dorms on the Emerson College Campus in downtown Boston, with supervision provided by Abbey Road Resident Advisors, and have access to all dorm amenities, from wi-fi equipped lounges and study rooms to dining halls and fitness centers. Students should have at least one year of English prior to attending.

in <http://www.goabbeyroad.com/summer-programs/usa/amex-english.shtml> (accessed 18.07.2011)

1. Not only European but also students from other places can apply for this summer camp.
2. Students will take part in different tasks.
3. The Emerson College Campus has good facilities.

4. Match the **three** beginnings of the sentences with the **three** corresponding endings. Two of the endings are not needed.

Write only the number of the item, the letters (A to C) and the numbers (1 to 5) on your answer sheet.

Example: 1. (F) – (6)

(A) Students should learn the language (B) European and international students live (C) The American experience helps developing	(1) so they can visit Boston and New York. (2) their English language skills. (3) with American students. (4) in Abbey Road Resident Advisors. (5) before they go to the USA.
---	--

Read the text and mark the sentences 5 to 6 as True or False.

Write only the numbers of the items and **True** or **False** on your answer sheet.

Example: 7. *True*

Course Descriptions

The English language workshops are taught by Abbey Road faculty; the curriculum combines classroom instruction, experiential learning and daily practice. Students study with experienced teachers, in small group settings, and have opportunities for individual tutoring by Abbey Road staff.

The American Experience program will also offer bi-weekly workshops and seminars on film, theater, American music, photography, drawing, art history, and American cuisine, to name a few.

Daily Schedule

During the week, students will start their day with a morning English workshop. After lunch, all students and staff get together for the daily group meeting. In the afternoons and evenings, students choose from a variety of social, recreational, and artistic activities: sports (such as baseball, basketball and swimming), excursions to local sites and museums, concerts and performances, shopping, nature walks, conversation at outdoor cafés and restaurants, and dancing. In addition to planned activities with the Abbey Road group, students will have plenty of free time for their personal interests, to make friends and explore the town.

in <http://www.goabbeyroad.com/summer-programs/usa/amex-english.shtml>
(abridged and adapted) (accessed 18.07.2011)

5. In the mornings, students will attend English workshops and in the afternoons, they will engage in leisure activities.
6. In the American Experience program, all activities are planned and students won't have any spare time to do whatever they want.

Activity B**Items 7 to 10**

You are going to read a text about home exchanges.

10 pt) Read the text and answer the questions for items 7 to 10.

Write only the numbers of the items and the answers on your answer sheet.

Example: 1. *Lois Sealey*.

Home exchanges

Why would I want a complete stranger to take a holiday in my home?

Because you'll be on holiday in their house. Picture this: you are in Australia, having taken advantage of cheap air fares and enjoying a barbecue and a beer on a little-known beach with the locals. You go back to an inviting, cosy family home just after sunset, and it feels as though you have lived there forever.

5 This is the idea behind home-exchange holidays: you get in contact with another family and agree to live in each other's house or flat for a week, a fortnight or longer, saving a fortune and probably having a better time than you would otherwise. As Lois Sealey of Home Base Holidays (homebase-hols.com), one of the leading UK agencies, says, the system enables you to "get to know an area by living in it, not staying in a hotel".

10 Home-exchanging can help you to get to know the country and the people who live there. You can immerse yourself in a different local culture – all while staying rent-free, and with the confidence that your home has not been left empty.

Exchanging properties became established around 25 years ago. In 2009, the UK's biggest home-exchanging company, Home Link (homelink.org.uk), expects to organise more than 15 13,000 exchanges. Long-haul trips to the US and Canada are less popular at the moment, with more people from the UK opting for holidays within Europe. Caroline Connolly, business manager of Home Link, says the top destinations for families are Spain and France, while cities such as Berlin and Rome are also very popular.

20 While summer is the main exchanging season, there are winter opportunities in skiing areas and southern-hemisphere countries, as well as spring and autumn options, particularly in cities.

in <http://www.independent.co.uk/travel/news-and-advice/the-complete-guide-to-home-swaps-1401595.html>
(abridged and adapted) (accessed 29.05.2011)

7. What's the name of one of the leading UK agencies in home exchanging?
8. When did exchanging houses become established?
9. What are the top destinations for families?
10. What's the busiest exchanging season?

Parte II – Produção e interação escritas

Activity A (G)

Read the topic below and write a text of about 50 words on it.

A home exchange is an economical, comfortable and fascinating way of travelling.

Do you think that home exchanging is a good way of travelling? Write a persuasive text, giving examples of other ways of saving money while travelling.

Activity B

Read the topic below and write a text of between 50 and 100 words on it.

Going abroad, visiting new cultures, meeting new people, relaxing and enjoying the landscape...
What else do you need from a holiday?

Choose a remarkable holiday in your life and write a diary entry.

FIM

Inglês

Duração do Teste: 65 min (**Parte I:** 25 min + **Parte II:** 40 min)

9.º Ano de Escolaridade

Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to read some definitions and an article about a music festival.

- 5 pt) 1. Match the **five** definitions with the **five** corresponding words/ expressions. Four of the words are not needed.

Write only the number of the item, the letters (**A to E**) and the numbers (**1 to 9**) on your answer sheet.

Example: 1. (F) – (10)

(A) Music of general appeal to teenagers; a bland version of rock'n'roll with more rhythm and harmony and an emphasis on romantic love.

(B) A group of performers on various musical instruments, including especially stringed instruments of the viol class, clarinets and flutes, cornets and trombones, drums, and cymbals, for playing music, as symphonies, operas, popular music, or other compositions.

(C) An eminent composer, teacher, or conductor of music.

(D) An entertainment event featuring a number of musical performers or bands of a certain genre or centered on a theme.

(E) A group of people singing in unison.

in <http://dictionary.reference.com> (adapted) (accessed 27.07.2011)

(1) lyrics

(2) drums

(3) chorus

(4) singer

(5) orchestra

(6) maestro

(7) video clip

(8) music festival

(9) pop music

Read the following article and choose the correct option for items 2 to 4.

Write only the numbers of the items and the letters (A to D) on your answer sheet.

Example: 1. (G)

What is Glastonbury Festival?

Glastonbury Festival of Contemporary Performing Arts is the UK's largest music festival, and a whole lot more – it's a one off! What makes it so special is the vibe – vibrant, but mellow.

While you may have experienced other festivals, such as the Reading Leeds Festival, or the V festivals, there really is no comparison.

Firstly you have the setting – 1,200 acres in a beautiful valley in Somerset. The site is HUGE – about a mile and a half across (it always takes a good hour to get from side to side during the Festival), and a perimeter fence of about 8 and 1/2 miles. Everything is within the fence – camping and entertainment – unlike other festivals, there is no arena to (queue up for and) enter each day.

Then you have the people. Like all festivals, the more you put in yourself, the better time you'll have – try not to be just a passive visitor expecting to be just entertained. Interact, or add to the event (even if it's just by displaying an up for it attitude and a huge smile), explore the whole site and check out at least one show at every venue.

Along with the paying ticket holders (more than 130,000), there are around 45,000 staff and performers. The enthusiasm is such that the Kidz Field Crew are issued with written instructions saying "if in doubt, SMILE" – a good plan for a great time.

Further down the list comes the music, theatre, circus, cabaret, Kidz Field (kids aged 12 and under are admitted free), information on how you might improve your life and the world around you, shopping in the vast markets of over 700 stalls with their fantastic variety of clothes, crafts and food; the enlightenment, the mime artists cutting the grass with nail scissors, the mad butler with his tray of drinks and the tea ladies on tour.

Glastonbury Festival is undoubtedly the place to spend the best times of your life!

As well as a great time, the festival also aims to raise money and awareness for good causes.

in <http://www.efestivals.co.uk/festivals/glastonbury/info-thefestival.shtml> (adapted) (accessed 24.08.2011)

2. In line 7, "**HUGE**" means

(A) attractive.

(C) narrow.

(B) enormous.

(D) small.

3. In line 14, "**venue**" means

(A) day.

(C) festival.

(B) fence.

(D) spot.

4. In line 20, "**stalls**" means

(A) products.

(C) stands.

(B) shops.

(D) goods.

- (20 pt) Read the article again and mark the sentences **5** and **6** as True or False.
Write only the numbers of the items and **True** or **False** on your answer sheet.
Example: 9. *True*

5. It always takes less than an hour to get from side to side during the festival in Somerset.
6. It's expected more than 130,000 visitors to Glastonbury festival.

Activity B

Items 7 to 10

You are going to read an article about MTV.

- (50 pt) Read the first part of the article and complete the sentences for items **7** to **10** with the missing information.
Write only the numbers of the items and the answers on your answer sheet.
Example: 11. *were very appealing*.

MTV Generation

On August 1, 1981, John Lack said six little words that changed the history of television as we once knew it: "Ladies and gentlemen, rock and roll."

A few moments later, MTV aired its first music video ever, "Video Killed the Radio Star."

Some people believe the early days of MTV brought in a new generation of TV watchers.

- 5 What began for many record companies as a promotional spot soon became a moneymaking pit. According to an article by Gary Burns for the Museum of Broadcast Communications, the first music videos aired were provided free of charge by the record companies because it was free advertising for their clients and record company name.

- 10 What made MTV stand out was its constant flow of videos. Unlike other TV stations at the time, MTV did not have individual and discrete programming and this appealed to some generations.

Eye-catching videos caught the attention of a younger generation. The combination of storylines, illusions, lip sync and direct address to the camera was a novelty in the early '80s, according to Burns.

- 15 A new art form was discovered and its content was sometimes bold and controversial, dealing with issues of violence and other sensitive topics.

- Duran Duran is just one of the success stories of early MTV. As of 1981, Duran Duran was making interesting videos according to some, but was not getting any radio time. In areas where MTV was aired, Duran Duran became increasingly popular. Many other
20 success stories exist with artists such as Madonna, Prince, Peter Gabriel, U2 and Michael Jackson.

Many record companies boasted that MTV helped increase their sales by more than 20 percent in 1982, according to Burns.

in <http://www.siu.edu/ALESTLE/library/SPRING2001/feb13/mtv.html> (adapted) (accessed 24.08.2011)

7. Initially, MTV _____.
8. For many record companies MTV turned out to be _____.
9. MTV became very noticeable because of _____.
10. Duran Duran is not the _____.

Parte II – Produção e interação escritas

Activity A

Read the topic below and write a text of about 50 words on it.

There are several campaigns against music piracy.

Do you share the opinion that music piracy can be considered a theft? Why or why not?
Your text is to be published on a blog.

Activity B

Read the topic below and write between 50 and 100 words on it.

Shakira uses her success as a music artist to call people's attention to the importance of education through *Barefoot Foundation*.

If you were a famous person what kind of cause would you support? Write a text about your own charitable foundation.

Your text is to be sent to the music section of a newspaper.

FIM

Inglês

Duração do Teste: 65 min (**Parte I:** 25 min + **Parte II:** 40 min)

9.º Ano de Escolaridade

Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to label some pictures and read a notice for parents about online systems.

- (15 pt) 1. Match the **six** pictures with the **six** corresponding words/ expressions. Three of the words/ expressions are not needed.

Write only the number of the item, the letters (**A** to **F**) and the numbers (**1** to **9**) on your answer sheet.

Example: 1. (G) – (10)

(A)



(B)



(C)



(D)



(E)



(F)



(1) internet

(2) PC

(3) video game

(4) mobile phone

(5) 3D technology

(6) laptop

(7) tablet

(8) digital camera

(9) MP3 player

Read the following notice and mark the sentences 2 to 4 as True or False.

Write only the numbers of the items and **True** or **False** on your answer sheet.

Example: 7. *True*

It is important for all parents to educate their children on the dangers of sharing personal information about themselves with strangers when using any online device, including the Nintendo 3DS system. We suggest that you talk with your children about online safety and make sure they know not to use personally identifiable information such as their name, age, email address, home address, phone number or birth date when creating their profile, their user name, or for any other services offered through the Nintendo 3DS. The Nintendo 3DS comes with optional Parental Controls to help parents take steps to protect their children on the Nintendo 3DS. The Parental Controls on the Nintendo 3DS give parents the ability to decide what information their children can share with other people. For example, you can choose to enable Parental Controls to block some of the Nintendo 3DS features, such as the ability to exchange photos with other Nintendo 3DS systems. Whether or not you choose to enable Parental Controls, we highly recommend that you speak with your children about protecting their privacy on the Nintendo 3DS.

in http://www.nintendo.com/consumer/systems/3ds/en_na/parents.jsp (adapted) (accessed 25.07.2011)

2. Parents are advised to talk with their children about the risks of being online.
3. Parents must allow their children to exchange photos with other Nintendo 3DS systems.
4. Parents have to enable Parental Controls to restrict the use of some of the Nintendo 3DS features.

Read the following extract of an article and choose the correct option for items 5 and 6.

Write only the numbers of the items and the letters (A to D) on your answer sheet.

Example: 1. (G)

New technology at work: a help or a hindrance?

Wherever you work, and no matter what your position is within your organisation, you will almost certainly come face-to-face with the same basic questions concerning new technology.

Investing time in new technology

- One of the first conundrums you are likely to encounter – perhaps you already have – is whether it is worth investing lots of time and energy in familiarising yourself with new technology, on the vague promise that, in the long-run, it will save you time.

in <http://www.telegraph.co.uk/finance/2955353/New-technology-at-work-a-help-or-a-hindrance.html>
(adapted) (accessed 26.07.2011)

5. In line 2, “concerning” means

- | | |
|------------------|----------------|
| (A) regarding. | (C) using. |
| (B) interesting. | (D) answering. |

6. In line 4, “conundrums” means

- | | |
|-------------------|------------------|
| (A) expectations. | (C) impressions. |
| (B) problems. | (D) situations. |

Activity B**Items 7 to 10**

You are going to read an article about the future of transhumanism.

(50 pt) Read the article and complete the sentences for items **7 to 10** with the missing information.

Write only the numbers of the items and the answers on your answer sheet.

Example: 1. *prices can drop through competition.*

The Future of Transhumanism

Wealthy, Healthy and Wise

Okay, let me see if I've got this right. I could stay young forever? Groovy. A complete backup of my brain? Copy that. What's this? An estimate? I knew it sounded too good to be true.

- 5 As with previous medical breakthroughs, it is possible that future human enhancements, like brain-machine interfaces and longevity drugs, at least initially, may only be affordable for the wealthy. The well-to-do, well could be, the next big thing.

Trickle Down Technology

- 10 Some future forecasters point out that many medical products and procedures have been expensive when they were first introduced. Prices can drop through competition, lower production costs and after patents run out.

Medical enhancements, however, may encounter unique barriers to lower prices.

- 15 Cosmetic surgeries and implants, for example, have been available for decades. Visit Beverly Hills and you'll see more lifts than a crane operator, but you'd be hard pressed to find a tightened temple in my neck of the woods.

What obstacles, wrinkles if you will, face society in providing available and affordable transhuman technology for everyone?

Wrinkle #1 – In the year 2050, 'transhuman technology for all', would mean advanced medical technology for an estimated 9 billion people.

- 20 **Wrinkle #2** – Medical insurance policies will probably not cover human enhancements.

Wrinkle #3 – The fewer recipients, the higher the value to the consumer. What fun would Jeopardy be if everyone had an encyclopedia implant?

Wrinkle #4 – You just invented the immortality pill. What price will you set?

Misfits and Retrofits

- 25 Even with reasonable closing costs, brain implant surgery may not be in the budget for many people living in the transhuman age. No prescription for immortality, for those that cannot afford the pill. In the era of 'half human/machine', the gap between the Halves and the Halve-Nots, will be as large as the profits.

in <http://www.futureforall.org/posthumanism/transhumanism.htm> (adapted) (accessed 26.07.2011)

7. The author believes that _____.
8. Transhuman technology will not be covered by _____.
9. Beverly Hills is the city where _____.
10. One of the difficulties transhuman technology faces is that _____.

Parte II – Produção e interação escritas

Activity A

Read the topic below and write a text of about 50 words on it.

The modern world depends a lot on technology.

Choose an electronic device and write an advertising text about it.

Activity B

Read the topic below and write between 50 and 100 words on it.

Facebook has affected people's social and personal life in many different ways.

In your opinion, what are the advantages and disadvantages of Facebook or any other social network?
Your text is to be sent to a national newspaper.

FIM

Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to read about a summer teen volunteer program.

- (20 pt) Read the text and mark the sentences **1** and **2** as True or False.
Write only the numbers of the items and **True** or **False** on your answer sheet.
Example: 7. *True*

**Grady Health
Summer Teen Volunteer Program**

To volunteer, you must be at least 14 (by August 31) to 17 years of age; have identification including a social security number; provide two personal references; and show documentation of the Measles, Mumps, Rubella vaccine and recent Tuberculosis test results (from within the past 30 days).

- 5 Additional qualifications include:
- recommendation of school counsellor or principal;
 - conduct average of “B” on most recent report card;
 - academic average of “C” on most recent report card;
 - permission of parent or guardian;
 - 10 • good health;
 - complete a personal interview and hospital orientation.

What volunteering isn’t?

Volunteering is not an internship. It’s also not an opportunity to get clinical experience.

As a volunteer, you are not allowed to participate in direct patient care.

- 15 Volunteer Benefits:
- uniform provided;
 - complimentary meal.

What is the time commitment?

- 20 The minimum requirement for volunteering is the availability to perform a three-hour shift per week for the duration of the program.

Is there a volunteer dress code?

Yes, teen volunteers are required to wear their volunteer polo shirt and badge at all times while working in the health system. Dress code prohibits the wearing of blue jeans, sweatpants, exercise pants, shorts, hats, sunglasses, t-shirts and open-toed shoes.

- 25 If I volunteer will I get a job at the hospital?
- Volunteering at the hospital does not guarantee employment.

in http://www.gradyhealth.org/volunteer/volunteering_teen.html (abridged and adapted) (accessed 01.09.2011)

1. To apply for this volunteer program there is a minimum age requirement.
2. After volunteering at the hospital, you will find it easier to get a job there.

Read the text again and copy information from it that shows sentences **3** to **6** are true.
Write only the numbers of the items and the information on your answer sheet.
Example: 1. "Summer teen volunteer program"

3. If you want to participate in this volunteer program, you must have the authorization of your tutor.
4. To volunteer, you should be in a great physical condition.
5. You must work at least three hours weekly.
6. It is compulsory to wear a specific uniform.

Activity B

Items 7 to 11

You are going to read about volunteer work for teens.

Read the text about volunteer work for teens and write the beginnings of the sentences for items **7** to **9**.
Write only the numbers of the items and the missing information on your answer sheet.
Example: 6. *Many orchestras, choirs and theater companies*

Teen Volunteer Programs

There are thousands of nonprofits in the United States, and many will happily allow teen volunteers. One way to find an appropriate program is simply to call a charity in which you're interested. They almost certainly have some task with which you can help.

You may not need to look any further than your local school or hospital. Many schools or hospitals probably have programs that could use an extra set of hands. If you're new to volunteering, such programs can provide a way to ease into volunteer work in a familiar setting.

If you're not sure which nonprofit to talk to, think about the areas in which you want to make a difference. Popular choices include animal welfare, hunger and poverty relief, education, environmentalism, work fighting discrimination and prejudice, human rights, disease outreach and education, disaster relief and politics.

Another option is to talk to local arts nonprofits. Many orchestras, choirs and theater companies operate as charitable organizations, and they almost always have extra work to do. They may not have a volunteer program in place (although some larger organizations do), but they could offer internships that work much the same way. You'll likely be able to learn about how nonprofit organizations work – and you may get to see some wonderful art.

Finally, if you can't find an organization that matches what you want to do, try starting your own! Round up a few like-minded friends, research the problem you want to solve and take action.

in <http://money.howstuffworks.com/economics/volunteer/opportunities/volunteer-work-for-teens1.htm>
(abridged and adapted) (accessed 01.09.2011)

7. _____ there are many charity programs.
8. _____ are a good way of getting into volunteer programs.
9. _____ involve different areas, such as environmentalism and education.

Read the text again and explain the meaning of the expressions for items **10** and **11** using your own words. Write only the numbers of the items and the answers on your answer sheet.

Example: 7. *you never did volunteering.*

10. In line 5, "**could use an extra set of hands**" means _____.

11. In line 18, "**like-minded**" means _____.

Parte II – Produção e interação escritas

Activity A

Read the topic below and write a text of about 50 words on it.

"Volunteering gives you an opportunity to change lives, including your own."

in <http://www.volunteereastbay.org/volunteers-opportunities/student-volunteering/>

If you had the opportunity to volunteer, what would you like to do and why?

Write a convincing text to be sent to a volunteer organization.

Activity B

Read the topic below and write between 50 and 100 words on it.

"A gap year refers to a period of time in which students disengage from curricular education and undertake other activities like travelling and volunteering."

in <http://en.wikipedia.org/wiki/Gap-year> (adapted)

Write a letter to your best friend explaining the advantages and disadvantages of taking a gap year abroad.

FIM

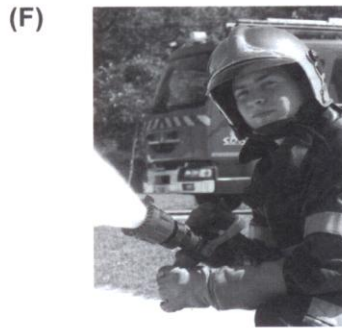
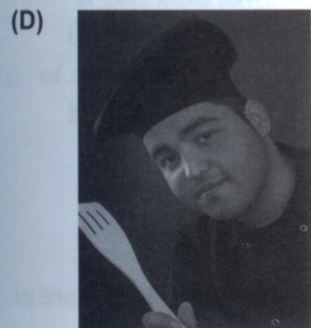
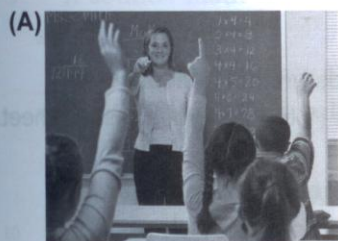
Parte I – Compreensão da escrita

Activity A

Items 1 to 6

You are going to read some definitions.

1. Match the **six** pictures with the **six** corresponding definitions. Three definitions are not needed.
Write only the number of the item, the letters (**A** to **F**) and the numbers (**1** to **9**) on your answer sheet.
Example: 1. (G) – (10)



- (1) This person answers phone calls and does office work for his/her boss.
- (2) This person serves in a shop.
- (3) This person rescues people from burning buildings and helps put out fires.
- (4) This person does the cooking in a restaurant or hotel.
- (5) This person works in a hospital and treats patients.
- (6) This person plays a role in a film.
- (7) This person works in a school and teaches students.
- (8) This person defends people's rights in court.
- (9) This person manages the affairs of a company.

Read the definitions and complete the sentences for items 2 to 5.

Write only the numbers of the items and the answer on your answer sheet.

Example: 1. *teacher*.

What are their jobs?

2. A person who installs and repairs piping, fixtures, appliances, and appurtenances in connection with the water supply, drainage systems, etc., both in and out of buildings is a _____.
3. A public officer authorized to hear and decide cases in a court of law; a magistrate charged with the administration of justice is a _____.
4. A person who is in charge of the records, correspondence, minutes of meetings, and related affairs of an organization, company, association is a _____.
5. A person, especially a man, who waits on tables, as in a restaurant is a _____.

in <http://dictionary.reference.com> (adapted) (accessed 20.07.2011)

6. Match the **six** definitions with the **six** corresponding words. Three words are not needed.

Write only the number of the item, the letters (A to F) and the numbers (1 to 9) on your answer sheet.

Example: 1. (G) – (10)

- (A) A written legal agreement.
- (B) The knowledge you get from doing a job.
- (C) Working for yourself, not for a company.
- (D) Left a job because you wanted to.
- (E) For only a part of the day or the week.
- (F) Exams you have passed or courses you have done.

- (1) qualifications
- (2) experience
- (3) retire
- (4) resigned
- (5) permanent
- (6) self-employed
- (7) part-time
- (8) contract
- (9) training course

Activity B

Items 7 to 12

You are going to read about a man's struggle for a job.

- pt) Read the first part of the text and explain the meaning of the words for items 7 to 10.
Write only the numbers of the items and the meaning of the words on your answer sheet.
Example: 1. *looking for*.

Sunderland man takes roundabout way of getting a job

There's no doubt it's a tough job market out there. But one man from Sunderland has decided to take drastic action to find work.

Ian Millington has whacked his CV onto a placard. And he says he will be flourishing it at a roundabout in Sunderland indefinitely until someone offers him a job.

- 5 It sounds mad. After all most people make do with scouring the situations vacant or sending off letters.

But Ian should know a thing or two about finding employment – his last paid work was with Job Centre Plus, advising the jobless on how to find work.

Promoting his talents

- 10 He says that he frequently advised his clients to do something similar.

Ian said: "You can ask my clients, and I did tell them to do this. My colleagues said I was crazy, perhaps I am, but it's about putting yourself out there.

"It gets cold towards the end of the day, but needs must."

- 15 Ian is not short of qualifications. He has a first class honours degree and a mountain of experience.

But he has found it a struggle to find a new job.

in <http://www.bbc.co.uk/news/uk-england-14208076> (adapted) (accessed 20.07.2011)

7. In line 1, "**tough**" means _____.
8. In line 5, "**mad**" means _____.
9. In line 10, "**similar**" means _____.
10. In line 16, "**struggle**" means _____.

(20 pt) Read the second part of the text and correct the sentences **11** and **12**.

Write only the numbers of the items and the correct sentences on your answer sheet.

Example: 7. *He didn't want to be on the dole again.*

On the dole

He began trying 18 months ago when he knew his contract with Job Centre Plus was going to run out.

He had spent eight months on the dole before that, and did not want that to happen
5 again.

He's sent off hundreds of CVs and application forms. He has had a few interviews but no job offers.

So this week he decided to follow his own advice and try the placard ploy.

Ian has stationed himself on a busy roundabout on the main A1231 into Sunderland
10 at the junction with the A19.

He stands there during morning and afternoon rush hour with his qualifications and contact details on a placard.

Job offers

He has armed himself with a big umbrella and waterproof leggings, but otherwise is
15 exposed to the elements.

And although there has been the odd insult, he has also had some offers which could lead to work.

Some were for painting and decorating jobs, others for potential opportunities in sales.

He said: "It's not my area, but I am prepared to be flexible."

20 I suppose there are two ways you could look at Ian's actions – a sign of how desperate the job market is at the moment, or a tale of how some individuals are more motivated to seek work than others.

One other curious irony is that Ian is now signing on at the job centre where he used to work.

25 If a few days or weeks on roundabout duty can end that, he will be pleased.

And he says he is happy to continue indefinitely, and says he will advise his partner to do the same if she cannot find a job when her existing post comes to an end in three months' time.

in <http://www.bbc.co.uk/news/uk-england-14208076> (adapted) (accessed 20.07.2011)

11. He applied for painting and decorating jobs.

12. He is going to work again at the job centre where he used to work.

Parte II – Produção e interação escritas

Activity A

Read the topic below and write a text of about 50 words on it.

Many teenagers decide to have a summer job.

Explain the benefits of having a summer job.

Your text is to be sent to an online forum.

Activity B

Read the topic below and write between 50 and 100 words on it.

Confucius, a Chinese philosopher, once said:

“Find a job you love, and you’ll never work a day in your life.”

What type of job do you dream about?

Write a text to your school newspaper, explaining your dream job, its advantages and disadvantages.

FIM

Proposta de Teste 1

Parte I – Compreensão da escrita

Activity A

1. (A) – (2); (B) – (3); (C) – (1); (D) – (6)
2. "They also have a tendency to feel indestructible and immune to the problems that others experience."
3. "(...) causing significant harm to themselves and possibly others."
4. "If you have concerns you may want to consult a doctor to rule out physical causes of the warning signs."
5. (C)
6. (D)

Activity B

7. The author's grandfather was diagnosed with high blood pressure and heart disease, and died.
8. The author thinks that smoking is just another method of killing yourself and the people around you, slowly.
9. all of her friends were doing it.
10. was president of her class, a cheerleader and an honour roll student.
11. her four children were taken away from her and she was homeless.
12. a choice.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 2

Parte I – Compreensão da escrita

Activity A

1. "(...) (or look like you are 10 – 18 years of age) (...)"
2. "There are no fees whatsoever to attend this opening casting call."
3. "This is not an offer for any guarantee of employment (...)"
4. (C)
5. (B)
6. (B)

Activity B

7. prove her innocence.
8. martial arts like Krav Maga and Muy Thai.
9. In the film *Salt*, Angelina Jolie does all her own stunts.
10. The actress tumbled into a doorway which resulted in a scar on her face just above her nose.
11. The actress describes her character as being mysterious.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 3

Parte I – Compreensão da escrita

Activity A

1. (A) – (2); (B) – (5); (C) – (1)
2. (B)
3. (B)
4. False
5. True
6. False

Activity B

7. (A) – (C) – (B) – (D) – (E)
8. Three contestants were involved in the scandal: model Danielle Lloyd, reality-show veteran Jade Goody and singer Jo O'Meara.
9. Ofcom is the UK's television regulator.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 4

Parte I – Compreensão da escrita

Activity A

1. (A) – (2); (B) – (3); (C) – (5); (D) – (6); (E) – (8); (F) – (9)
2. (A)
3. (C)
4. (D)
5. (C)
6. (A) – (5); (B) – (3); (C) – (6); (D) – (8); (E) – (2)

Activity B

7. The UK must pay attention to the global warming effects.
8. One of the problems predicted by the report is the shortage of water.
9. Rising temperatures will bring advantages and disadvantages for the UK.
10. are strongly advised.
11. put at risk.
12. be successful.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 5

Parte I – Compreensão da escrita

Activity A

1. (A) – (2); (B) – (4); (C) – (6); (D) – (3)
2. (A) – (2); (B) – (3); (C) – (5)
3. (D)
4. (B)
5. (B)
6. (A)

Activity B

7. Girls and boys can suffer from an eating disorder.
8. 1 or 2 out of every 100 US kids suffer from an eating disorder.
9. I can require professional treatment by doctors, therapists and nutritionists.
10. fat.
11. weight fluctuations.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 6

Parte I – Compreensão da escrita

Activity A

1. "The American Experience is an English immersion summer program for European and international students."
2. "The program takes students to (...) participate in daily classes, activities, and workshops in American Culture, Art and History as well as English language."
3. "Students (...) have access to all dorm amenities, from wi-fi equipped lounges and study rooms to dining halls and fitness centers."
4. (A) – (5); (B) – (3); (C) – (2)
5. True
6. False

Activity B

7. Home Base Holidays is the name of one of the leading UK agencies in home exchanging.
8. They became established around 25 years ago.
9. Spain and France are the top destinations for families.
10. Summer is the busiest exchanging season.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 7

Parte I – Compreensão da escrita

Activity A

1. (A) – (9); (B) – (5); (C) – (6); (D) – (8); (E) – (3)
2. (B)
3. (D)
4. (C)
5. False
6. True

Activity B

7. was a promotional spot.
8. a moneymaking pit.
9. its constant flow of videos.
10. only success story of early MTV.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 8

Parte I – Compreensão da escrita

Activity A

1. (A) – (6); (B) – (4); (C) – (1); (D) – (7); (E) – (9); (F) – (3)
2. True
3. False
4. False
5. (A)
6. (B)

Activity B

7. there will be a gap between those who will have money and those who won't.
8. medical insurance policies.
9. you'll find more lifts than a crane operator.
10. the price will be extremely high for many people.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 9

Parte I – Compreensão da escrita

Activity A

1. True
2. False
3. "(...) permission of parent or guardian (...)"

4. "(...) good health (...)"
5. "The minimum requirement for volunteering is the availability to perform a three-hour shift per week (...)"
6. "(...) teen volunteers are required to wear their volunteer polo shirt and badge (...)"

Activity B

7. In the United States of America
8. Schools and hospitals
9. Popular choices
10. additional help.
11. with the same interests.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).

Proposta de Teste 10

Parte I – Compreensão da escrita

Activity A

1. (A) – (7); (B) – (9); (C) – (2); (D) – (4); (E) – (5); (F) – (3)
2. plumber.
3. judge.
4. secretary.
5. waiter.
6. (A) – (8); (B) – (2); (C) – (6); (D) – (4); (E) – (7); (F) – (1)

Activity B

7. hard.
8. crazy.
9. identical.
10. fight.
11. He had some offers for painting and decorating jobs.
12. He is signing on at the job center where he used to work.

Parte II – Produção e interação escritas

Activity A

Produção de texto (resposta restrita).

Activity B

Produção de texto (resposta extensa).



GABINETE
DE AVALIAÇÃO
EDUCACIONAL

Teste Intermédio de Inglês

Parte I – Compreensão da escrita

Parte II – Produção e interação escritas

2013

Versão 1

Teste Intermédio

Inglês

Duração do Teste: 25 min (Parte I) + 40 min (Parte II) | 22.02.2013

9.º Ano de Escolaridade

Escola: _____

Nome do aluno: _____ N.º: _____ Turma: _____

Classificação da Parte I: _____

Classificação da Parte II: _____

Assinatura do professor: _____

Assinatura do encarregado de educação: _____

Utiliza apenas caneta ou esferográfica de tinta indelével, azul ou preta.

Não é permitida a consulta de dicionários.

Não é permitido o uso de corretor.

Sempre que precisares de alterar ou de anular uma resposta, risca, de forma clara, o que pretendes que fique sem efeito.

Escreve, de forma legível, a resposta a cada item no espaço indicado no enunciado do teste. As respostas ilegíveis ou que não possam ser claramente identificadas são classificadas com zero pontos.

Para cada item, apresenta apenas uma resposta. Se apresentares mais do que uma resposta a um mesmo item, só a primeira será classificada.