

Unit 5 Change your mindset

Matriz do teste de Compreensão Oral 5

Objetivos	Conteúdos	Estrutura	Cotações	CrITÉrios de classificação
Compreender o texto.	Texto e vocabulário relacionados com os tópicos da unidade	A. Completar uma tabela.	4 x 10 = 40	Resposta correta: 10 pontos; Resposta incorreta: 0 pontos.
		B. Ordenar frases de acordo com o texto.	6 x 10 = 60	Resposta correta: 10 pontos; Resposta incorreta: 0 pontos.
			100%	

Matriz do Teste 5A

Objetivos	Conteúdos	Estrutura	Cotações	CrITÉrios de classificação
Compreender o texto. Expressar informação de forma clara e estruturalmente correta.	Texto e vocabulário relacionados com os tópicos da unidade	A. Encontrar sinónimos no texto.	4 x 2 = 8	Resposta correta: 2 pontos; Resposta incorreta: 0 pontos.
		B. Completar frases de acordo com o texto.	3 x 4 = 12	Resposta correta: 4 pontos; Resposta incorreta: 0 pontos.
		C. Responder a perguntas sobre o texto.	4 x 5 = 20	Resposta correta: 5 pontos; Resposta incorreta: 0 pontos; Conteúdo parcialmente correto: 2 pontos; Desconto máximo para incorreções: 4 pontos.
Aplicar o vocabulário tratado na unidade.	<i>Additions</i>	D. Nomear adições.	4 x 1 = 4	Resposta correta: 1 ponto; Resposta incorreta: 0 pontos.
Aplicar os itens gramaticais tratados.	<i>Direct speech / Reported speech</i>	E. Reescrever afirmações no discurso indireto.	4 x 3 = 12	Resposta correta: 3 pontos; Resposta incorreta: 0 pontos.
	<i>Direct speech / Reported speech</i>	F. Reescrever perguntas no discurso indireto.	4 x 3 = 12	Resposta correta: 3 pontos; Resposta incorreta: 0 pontos.
	<i>Direct speech / Reported speech</i>	G. Reescrever ordens no discurso indireto.	4 x 3 = 12	Resposta correta: 3 pontos; Resposta incorreta: 0 pontos.
Produzir um enunciado escrito.	<i>Additions</i>	H. Dar conselhos.	20	16-20 pontos – o texto respeita o tema, tem uma estrutura coerente e não apresenta erros ortográficos relevantes. 10-15 pontos – o texto respeita o tema, mas revela alguns erros de estrutura e de ortografia. 1-9 pontos – o texto não respeita integralmente o tema, tem erros de estrutura graves e apresenta erros ortográficos que dificultam a comunicação. 0 pontos – o texto não respeita o tema proposto ou tem erros de estrutura graves e apresenta erros ortográficos que inviabilizam a sua compreensão.
			100%	

Matriz do Teste 5B

Objetivos	Conteúdos	Estrutura	Cotações	CrITÉrios de classificação
Compreender o texto. Expressar informação de forma clara e estruturalmente correta.	Texto e vocabulário relacionados com os tópicos da unidade	A. Encontrar sinónimos no texto.	4 x 2 = 8	Resposta correta: 2 pontos; Resposta incorreta: 0 pontos.
		B. Unir frases.	3 x 4 = 12	Resposta correta: 4 pontos; Resposta incorreta: 0 pontos.
		C. Responder a perguntas sobre o texto.	4 x 5 = 20	Resposta correta: 5 pontos; Resposta incorreta: 0 pontos; Conteúdo parcialmente correto: 2 pontos; Desconto máximo para incorreções: 4 pontos.

Objetivos	Conteúdos	Estrutura	Cotações	CrITÉrios de classificação
Aplicar o vocabulário tratado na unidade.	Addictions	D. Nomear adições.	4 x 1 = 4	Resposta correta: 1 ponto; Resposta incorreta: 0 pontos.
Aplicar os itens gramaticais tratados.	Direct speech / Reported speech	E. Escolher a opção correta.	4 x 3 = 12	Resposta correta: 3 pontos; Resposta incorreta: 0 pontos.
	Direct speech / Reported speech	F. Distinguir frases corretas de incorretas.	4 x 3 = 12	Resposta correta: 3 pontos; Resposta incorreta: 0 pontos.
	Direct speech / Reported speech	G. Completar ordens no discurso indireto.	4 x 3 = 12	Resposta correta: 3 pontos; Resposta incorreta: 0 pontos.
Produzir um enunciado escrito.	Addictions	H. Dar conselhos.	20	16-20 pontos – o texto respeita o tema, tem uma estrutura coerente e não apresenta erros ortográficos relevantes. 10-15 pontos – o texto respeita o tema, mas revela alguns erros de estrutura e de ortografia. 1-9 pontos – o texto não respeita integralmente o tema, tem erros de estrutura graves e apresenta erros ortográficos que dificultam a comunicação. 0 pontos – o texto não respeita o tema proposto ou tem erros de estrutura graves e apresenta erros ortográficos que inviabilizam a sua compreensão.
			100%	

Matriz do Teste 5C				
Objetivos	Conteúdos	Estrutura	Cotações	CrITÉrios de classificação
Compreender o texto. Expressar informação de forma clara e estruturalmente correta.	Texto e vocabulário relacionados com os tópicos da unidade	A. Encontrar antónimos no texto.	4 x 2 = 8	Resposta correta: 2 pontos; Resposta incorreta: 0 pontos.
		B. Completar frases de acordo com o texto.	3 x 4 = 12	Resposta correta: 4 pontos; Resposta incorreta: 0 pontos.
		C. Responder a perguntas sobre o texto.	4 x 5 = 20	Resposta correta: 5 pontos; Resposta incorreta: 0 pontos; Conteúdo parcialmente correto: 2 pontos; Desconto máximo para incorreções: 4 pontos.
Aplicar o vocabulário tratado na unidade.	Addictions	D. Legendar imagens.	6 x 1 = 6	Resposta correta: 1 ponto; Resposta incorreta: 0 pontos.
Aplicar os itens gramaticais tratados.	Direct speech / Reported speech	E. Transformar um diálogo em discurso indireto.	10 x 3 = 30	Resposta correta: 3 pontos; Resposta incorreta: 0 pontos.
	Direct speech / Reported speech	F. Completar com o verbo adequado.	4 x 1 = 4	Resposta correta: 1 ponto; Resposta incorreta: 0 pontos.
Produzir um enunciado escrito.	Addictions	G. Dar conselhos.	20	16-20 pontos – o texto respeita o tema, tem uma estrutura coerente e não apresenta erros ortográficos relevantes. 10-15 pontos – o texto respeita o tema, mas revela alguns erros de estrutura e de ortografia. 1-9 pontos – o texto não respeita integralmente o tema, tem erros de estrutura graves e apresenta erros ortográficos que dificultam a comunicação. 0 pontos – o texto não respeita o tema proposto ou tem erros de estrutura graves e apresenta erros ortográficos que inviabilizam a sua compreensão.
			100%	

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Correction Table **Listening Test 5 / Tests 5A / 5B / 5C**

Unit Class Date / /

No.	Name	Listening Test 5		Total	Tests 5A / B								Test 5C								Total	Final Mark
		A	B		A	B	C	D	E	F	G	H	A	B	C	D	E	F	G			
		4 x 10	6 x 10	100	4 x 2	3 x 4	4 x 5	4 x 1	4 x 3	4 x 3	4 x 3	4 x 3	20	4 x 2	3 x 4	4 x 5	6 x 1	10 x 3	4 x 1	20	100	
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Unit 5 Change your mindset

Listening Test 5

Name _____ No. _____ Class _____

Date ____ / ____ / ____ Evaluation _____ Teacher _____

NW19171 © Porto Editora

A Complete the chart with information from the text.

Name of the Line	
1.	
Age group	
2.	
Topics you can talk about	
3.	/
4.	/



B Order the sentences according to the testimony of the girl.

- ☐ **a.** Suddenly she started to ignore and insult me.
- ☐ **b.** Kids Helpline helped me very much.
- ☐ **c.** I have better friends now.
- ☐ **d.** My best friend was a very popular girl.
- ☐ **e.** I had to change my group of friends.
- ☐ **f.** I decided to call Kids Helpline because I felt alone.



Unit 5 Change your mindset

Test 5A

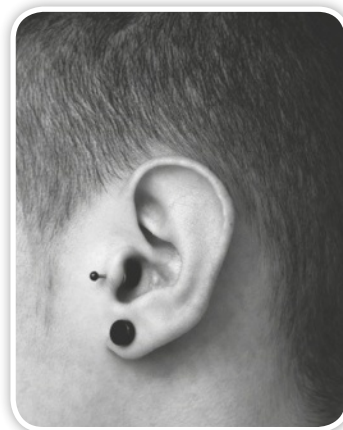
Name _____ No. _____ Class _____

Date ____ / ____ / ____ Evaluation _____ Teacher _____

Before getting a piercing

If you're thinking about getting pierced, do your research first. If you're under 18, some places won't allow you to get a piercing without a parent's consent. It's a good idea to find out what risks are involved and how best to protect yourself from infections and other complications such as bleeding and blood loss or scarring.

Certain sites on the body can cause more problems than others — infection is a common complication of mouth and nose piercings because of the millions of bacteria that live in those areas. Tongue piercings can damage teeth over time. And tongue, cheek, and lip piercings can cause gum problems. People with certain types of heart disease might have a higher risk of developing a heart infection after body piercing. If you have a medical problem such as allergies, diabetes, skin disorders, a condition that affects your immune system, or a bleeding disorder — or if you are pregnant — ask your doctor about any special concerns or precautions you should take beforehand. Also, it's not a good idea to get a body piercing if you're prone to getting keloids (an overgrowth of scar tissue in the area of the wound).



<http://kidshealth.org> (adapted)

A Find synonyms in the first paragraph of the text for the following words.

- | | |
|------------------------|--------------------|
| 1. investigation _____ | 3. agreement _____ |
| 2. authorise _____ | 4. problems _____ |

B Complete the sentences with information from the text.

- If you want a piercing it is important to _____.
- Risks of a piercing may be _____ and _____.
- Mouth and nose piercings can _____.

C Answer the questions.

- Why would you need a parents' consent to get a piercing?

2. Which parts of the body are more likely to cause complications? Why?

3. When should you ask your doctor for advice before getting a piercing?

4. What are keloids?

D Name 4 types of addictions.

- | | |
|-----------------|-----------------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

E Report the statements.

1. Peter: "Mandy is in my house because she is sick."

Peter said that _____

2. Mell: "My brother is playing cards with his friends here."

Mell told me that _____

3. Sarah: "Last night I went to the cinema."

Sarah said that _____

4. Paul: "Miriam and Jane will get a new tattoo."

Paul said that _____

F Report the questions.

1. Phill: "Do you want to see my stamps' collection?"

Phill asked me _____

2. Ben: "When did Karen get her tattoo?"

Ben wanted to know _____

3. Ricky: "Has Mary arrived?"

Ricky asked me _____

4. Raul: "Where did you buy these video games?"

Raul asked me _____

G Report the dialogues. You can give names to the characters.



1. _____

2. _____



3. _____

4. _____

H Write a text convincing someone you know not to get a tattoo or a piercing.

Mention:

- possible dangers and complications
- health and safety issues

Name _____ No. _____ Class _____

Date ____ / ____ / ____ Evaluation _____ Teacher _____

Before getting a piercing

If you're thinking about getting pierced, do your research first. If you're under 18, some places won't allow you to get a piercing without a parent's consent. It's a good idea to find out what risks are involved and how best to protect yourself from infections and other complications such as bleeding and blood loss or scarring.

Certain sites on the body can cause more problems than others — infection is a common complication of mouth and nose

piercings because of the millions of bacteria that live in those areas. Tongue piercings can damage teeth over time. And tongue, cheek, and lip piercings can cause gum problems.

People with certain types of heart disease might have a higher risk of developing a heart infection after body piercing. If you have a medical problem such as allergies, diabetes, skin disorders, a condition that affects your immune system, or a bleeding disorder — or if you are pregnant — ask your doctor about any special concerns or precautions you should take beforehand. Also, it's not a good idea to get a body piercing if you're prone to getting keloids (an overgrowth of scar tissue in the area of the wound).



<http://kidshealth.org> (adapted)

A Find synonyms in the first paragraph of the text for the following words.

- | | |
|------------------------|--------------------|
| 1. investigation _____ | 3. agreement _____ |
| 2. authorise _____ | 4. problems _____ |

B Match the phrases according to the text.

- | | |
|--|--|
| 1. If you want a piercing it is important to | a) cause more problems. |
| 2. Risks of a piercing may be | b) do some research first. |
| 3. Mouth and nose piercings can | c) infections and other complications. |

C Answer the questions.

1. Why would you need a parents' consent to get a piercing?

2. Which parts of the body are more likely to cause complications?

3. When should you ask your doctor for advice before getting a piercing?

4. What are keloids?

D Name 4 types of addictions.

1. D _ U _ S

3. T _ BA _ C _

2. A _ C _ H _ L

4. G _ M _ LI _ G

E Choose the correct option to complete the reported statements.

1. Peter: "Mandy is in my house because she is sick."

Peter said that Mandy _____ in his house because she was sick.

a) was

b) were

c) are

2. Mell: "My brother is playing cards with his friends here."

Mell told me that her brother _____ cards with his friends there.

a) were playing

b) was playing

c) is playing

3. Sarah: "Last night I went to the cinema."

Sarah said that the night before she _____ to the cinema.

a) gone

b) had gone

c) was going

4. Paul: "Miriam and Jane will get a new tattoo."

Paul said that Miriam and Jane _____ a new tattoo.

a) get

b) got

c) would get

F Say if the reported questions are correct (C) or incorrect (I).

1. Phill: "Do you want to see my stamps' collection?"

☐

Phill asked me if I wanted to see his stamps' collection.

2. Ben: "When did Karen get her tattoo?"

☐

Ben wanted to know when Karen had got her tattoo.

3. Ricky: "Has Mary arrived?"

☐ Ricky asked me if Mary has arrived.

4. Raul: "Where did you buy these video games?"

☐ Raul asked me where I did buy these video games.

6 Report the dialogues.



1. She told him to _____

2. He told her to _____



3. She asked him to _____

4. He asked her not to _____

H Write a text convincing someone you know not to get a tattoo or a piercing.

Mention:

- possible dangers and complications
- health and safety issues
- diseases

Unit 5 Change your mindset

Test 5C

Name _____ No. _____ Class _____

Date ____ / ____ / ____ Evaluation _____ Teacher _____

Tattoos

A tattoo is a permanent mark made on your skin with pigments inserted through holes into the skin's top layer. Typically, the tattoo artist uses a machine that acts like a sewing machine, with one or more needles piercing the skin repeatedly. With every puncture, the needles insert tiny ink droplets. The process causes a small amount of bleeding and slight to potentially significant pain.



The risks

Tattoos damage the skin, which means that skin infections and other complications are possible. Specific risks include:

- **Allergic reactions.** Tattoo dyes can cause allergic skin reactions, such as an itchy rash at the tattoo site. This can occur even years after you get the tattoo.
- **Skin infections.** A skin infection — which might cause redness, swelling and pain — is possible after tattooing.
- **Bloodborne diseases.** If the equipment used to create your tattoo is contaminated with infected blood, you can contract various bloodborne diseases — including tetanus, hepatitis B and hepatitis C.

You may need medication or other treatment — including possible removal of the tattoo — if you experience an allergic reaction to the tattoo ink or you develop an infection or other skin problem near a tattoo.

<http://www.mayoclinic.org> (adapted)

A Find antonyms in the first paragraph of the text for the following words:

- | | |
|--------------------|---------------------|
| 1. temporary _____ | 3. huge _____ |
| 2. bottom _____ | 4. irrelevant _____ |

B Complete the sentences with information from the text.

1. Tattoos may cause _____.
2. Allergic reactions can even occur _____.
3. If the equipment is infected _____.

C Answer the questions. Use your own words.

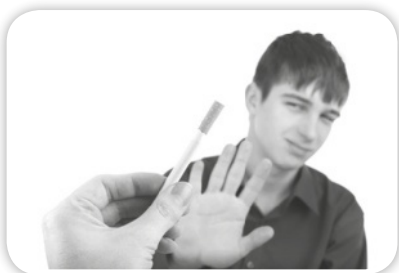
1. What is a tattoo?

2. Can you get skin infections or other complications when you get a tattoo?

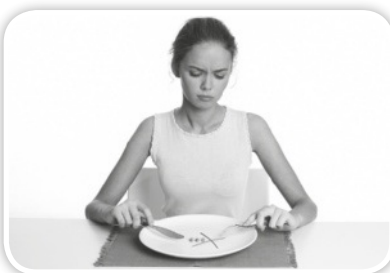
3. How can you contract diseases by getting a tattoo?

4. What is the ultimate measure if you develop an allergic reaction?

D Label the pictures related to teens' addictions, habits, likes and problems.



1. _____



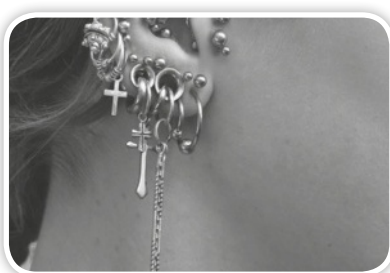
2. _____



3. _____



4. _____



5. _____



6. _____

E Report the dialogue.

1. **John:** Hi, Peter, what are you doing this Saturday?

2. **Peter:** I don't have any plans.

3. John: We are going to throw a surprise birthday party for Molly.

4. Peter: That sounds like fun. Where will it be?

5. John: We are planning to meet at her house, by the swimming pool.

6. Peter: Oh great idea! Can I bring anything?

7. John: Her parents are providing pizzas, hamburgers and cake. But we can take extra food if we want to.

8. Peter: I will bring some desserts as well. And what is the dress code?

9. John: Dress casually and bring your bathing suit!

10. Peter: Wonderful. Just e-mail me the time and address and I'll be there.

F Complete the reported sentences with the verbs from the boxes.

- 1.** Helen _____ that the party would only start after 9 p.m.
- 2.** My sisters _____ me they were going to have their ears pierced.
- 3.** My father _____ buying a new smartphone.
- 4.** My best friend _____ that she was late because she had lost the bus.

explained

said

told

suggested

G Write a text convincing someone you know not to get a tattoo or a piercing.
Mention:

- What are the dangers and complications;
- What can happen to the skin;
- Possible diseases.

Listening Test 5

Script

Kids Helpline is Australia's only free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25.

We can chat about anything...

- Your mum, dad, a boyfriend or girlfriend
- A friend who needs help
- School or study worries
- Or maybe about you if are feeling angry, sad or confused

Here is a testimony of a 13 year old female:

At the start of year seven I was best friend of a really popular girl and we told each other everything. Then one day out of the blue she said that I hated her and started ignoring me or insulting me and encouraging all our friends to do the same. I ended up being bullied by all of them and I had to change my whole group of friends. That's why I went to Kids Helpline. At the time, I felt like I couldn't talk to anyone else. Now and even though I'm still dealing with what happened, I have better friends and I'm actually happy most of the time.

<http://www.kidshelp.com> (adapted)

A.

1. Kids Helpline
2. From 5 to 25
3. e 4. Your mum, dad, a boyfriend or girlfriend or a friend who needs help, or school or study worries or if you are feeling angry, sad or confused.

B. 1. d 2. a 3. e 4. f 5. b 6. c

Test 5A

A. 1. research 2. allow 3. consent 4. complications

B.

1. ... do some research first.
2. ... infections and complications such as bleeding and blood loss or scarring.
3. ... cause more problems than other body parts.

C.

1. You would need your parents' consent if you are under 18.
2. Nose and mouth piercings can cause more complications because of the high number of bacteria present inside.
3. You should ask your doctor for advice if you have a disease or if you are pregnant.
4. Keloids are scar tissues that grow around the wound.

D. Possible answers: 1. Alcohol 2. Tobacco 3. Drugs 4. Gambling

E.

1. ... Mandy was in his house because she was sick.
2. ... her brother was playing cards with his friends there.
3. ... the night before she had gone to the cinema.
4. ... Miriam and Jane would get a new tattoo.

F.

1. ... if I wanted to see his stamps' collection.
2. ... when Karen had got her tattoo.
3. ... if Mary had arrived.
4. ... where I had bought those video games.

G.

1. She told him to stop talking.
2. He told her to be quiet.
3. She asked him to go with her to the party.
4. He asked her not to say that again.

H. Student's personal answer.

Test 5B**A.** 1. research 2. allow 3. consent 4. complications**B.** 1. b 2. c 3. a**C.****1.** You would need your parents' consent if you are under 18.**2.** Nose and mouth piercings can cause more complications because of the high number of bacteria present inside.**3.** You should ask your doctor for advice if you have a disease or if you are pregnant.**4.** Keloids are scar tissues that grow around the wound.**D.** 1. drugs 2. alcohol 3. tobacco 4. gambling**E.** 1. a. 2. b. 3. b. 4. c.**F.** 1. C 2. C 3. I 4. I**G.****1.** She told him to stop talking.**2.** He told her to be quiet.**3.** She asked him to go with her to the party.**4.** He asked her not to say that again.**H.** Student's personal answer.**Test 5C****A.****1.** permanent **2.** top **3.** tiny **4.** significant**B.****1.** ... infections and other complications.**2.** ... years after you get the tattoo.**3.** ... you can contract various bloodborne diseases.**C.** (Let students give their own answers.)**1.** A tattoo is a drawing made on your skin with a special ink that stays in it permanently.**2.** Yes, we/I can. Skin infections and complications are possible because tattoos breach the skin.**3.** We/I can contract diseases if the needles are contaminated with infected blood.**4.** If we/I develop an allergic reaction we/I can treat it by using medication or, ultimately by removing the tattoo.**D.****1.** smoking **2.** eating disorders **3.** texting**4.** gaming **5.** piercing **6.** alcohol**E.****1.** John asked Peter what he was doing that Saturday.**2.** Peter said that he didn't have any plans.**3.** John said that they were going to throw a surprise birthday party for Molly.**4.** Peter said that sounded like fun and asked where it would be.**5.** John said that they were planning to meet at her house, by the swimming pool.**6.** Peter said that it was a great idea and asked if he could bring something.**7.** John said that her parents were providing pizzas, hamburgers and cake but that they could take extra food if they wanted to.**8.** Peter said that he would bring some desserts as well and asked what the dress code was.**9.** John told him to dress casually and to take his bathing suit.**10.** Peter said that it was wonderful and told him just to e-mail him the time and address that he would be there.**F.** 1. said 2. told 3. suggested 4. explained**G.** Student's personal answer.